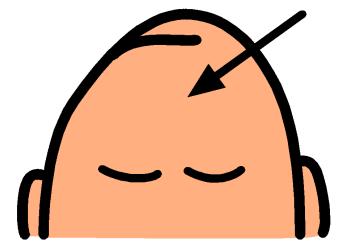
**Emotions Book** 



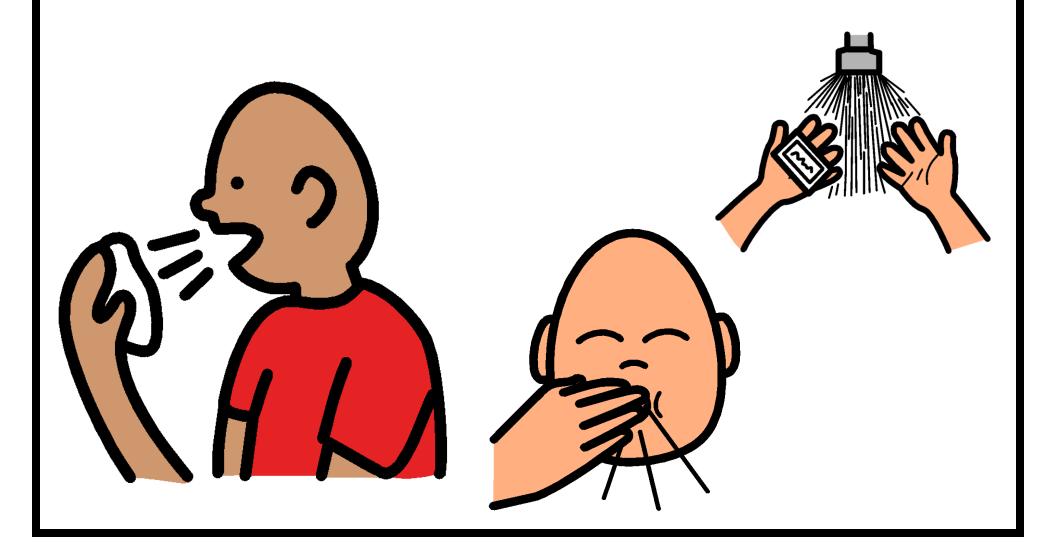
Ms. Berg's Class Rancho Viejo Elementary When I am sick, sometimes my stomach hurts.

Sometimes my head hurts.





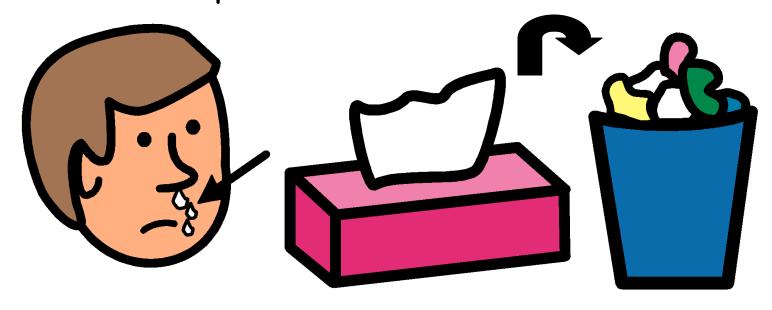
Sometimes I cough or sneeze a lot. I should cover my mouth when I cough or sneeze. I should wash my hands so others don't get sick.



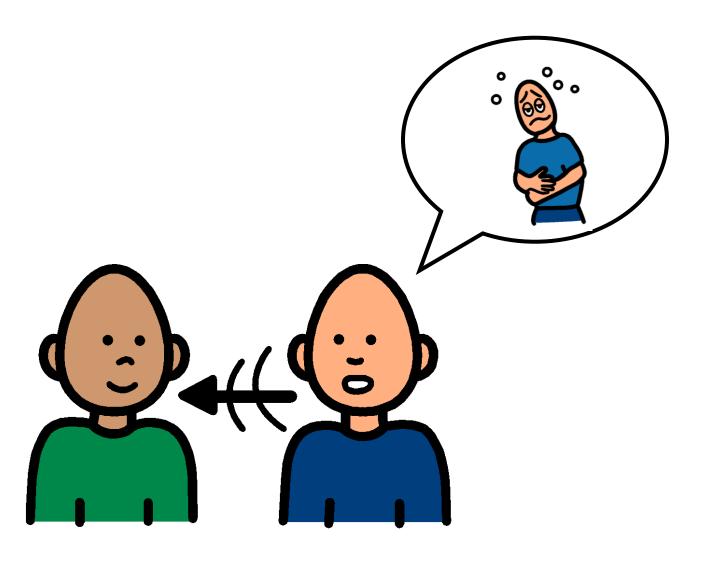
Sometimes, I need to wipe my nose.

I should get a tissue.

I will put the tissue in the trash.

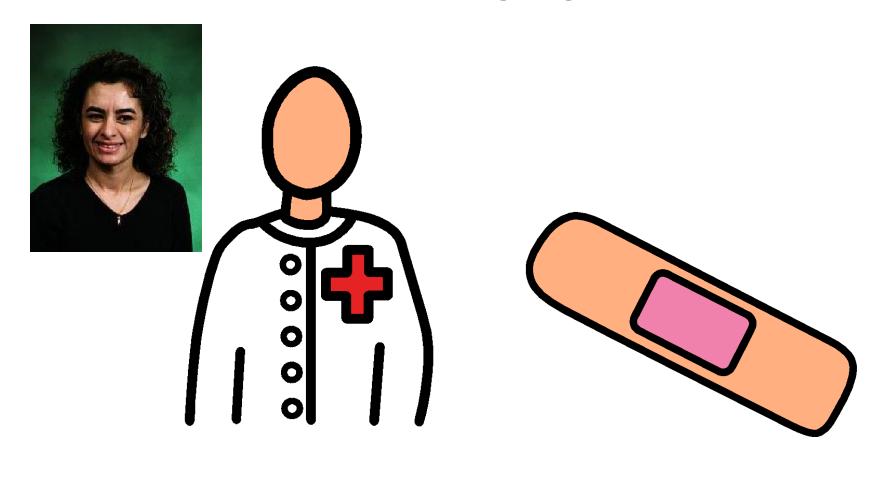


When I am sick, I should <u>tell</u> someone.



If I am really sick or hurt, we might go see the nurse.

If I have a cut, I might get a band-aid.



I will feel better when I tell someone that I am sick.

My teachers will be able to help me when I tell them I am sick. I will get better.

