



UNIVERSITY OF MIAMI  
MILLER SCHOOL  
of MEDICINE



### Back-to-School Checklist

Many families are wondering whether their child should go to school in-person or learn from home online. The statements below may help you identify some things that you and your family are concerned about. You may want to discuss this list with your doctor or nurse, especially if your child has any health issues.

	Very concerned	Somewhat concerned	Not very concerned	Not concerned at all
My child's risk of getting sick from COVID-19				
Another household member's risk of getting sick from COVID-19 (other than my child's)				
My child's mood and behavior				
Another household member's mood and behavior (other than my child's)				
My child's ability to socialize with friends				
My child's access to a computer or device to participate in school, medical care or therapies				
My child's access to food from school				
My child's access to additional services and supports (for example speech therapy)				
Having enough money to pay our bills				

If you have questions about any of these, you can speak with your child's doctor or nurse.

The CDC and the American Academy of Pediatrics also have information on their websites:

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>

AAP: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-planning-considerations-return-to-in-person-education-in-schools/>

For help in finding resources for your family such as food or housing, you can dial 211 on your phone or go to <http://www.my211florida.org/>