I Can Use My Words
Sometimes I forget to use my words.
I can use words with pictures, with written words, or by talking.

I need help.
When I use words with people, they can understand what I am saying.

Can I play with you?
Sometimes I want something I can’t have, but it may be a choice later.

I can use my words and ask, “When can I play with this?”
Everyone is happy when I use my words.
I can use words to tell people how I feel.

I can say, “I am mad.” or “I don’t like that”
My family and my teachers can help me remember to use words.

Say, “I need help.”
I can use words to ask for help. I can say, “Help me please.”
People can understand me better if I use words.

You took my piece. I don’t like that!

Can I play?

Can I see too?
People can have a hard time listening to me when I whine and scream.
Whining and screaming can hurt people’s ears.
When I whine, scream, or cry,

people around me can get angry or upset.
Everyone is happy when I use my words.