

Following the Rules

At school I work hard and follow the rules.



My teacher is happy when I do my best work and follow the rules.



Sometimes other kids will not follow the rules.



It makes me mad when other kids are not following the rules.



When I see other kids not following the rules; I need to be calm.



- I may want to walk away.



That is OK.



- I may want to tell a teacher.



That is OK.



- I may not want to talk to the kids that made me mad.



That is

OK.



When I see other kids not following the rules, I may want to make them stop.

It is not my job to make them stop.





When I see other kids not following the rules, I may want to yell at them.

I should **not** yell. 

When I see other kids not following the rules, I may want to hit or push.

I should **not** hit or push. 

I need to remember to follow the rules myself  and stay calm 

When I am calm, I can learn. I am happy. 