

## **ALACHUA COUNTY**

### **PHPF's Helping Hands Support Group**

Support group for parents of children w/ autism. Meets 3rd Friday of each month, 7-9pm. Meets at:  
CARD Office  
1405 NW 13th St  
Gainesville, FL 32601  
Contact: Pam Kiskoondyal  
Phone: 352-318-3155  
Email: pamsk@ufl.edu

### **Hearing Loss Association of Gainesville**

Support group on Meetup.com for deaf/hear of hearing to meet locally & discuss issues. Meeting dates/times vary. For more info: <http://deaf.meetup.com/272/>

### **Endeavor Adapted Athletics & Recreation (Gainesville Area)**

Fun events for children w/ various physical & mental disabilities.  
Contact: Shelly Voelker  
Phone: 352-275-9505

### **AWAKE of North Florida Sleep Apnea Support Group**

Meets in Gainesville  
Contact: Peter McCullagh  
Phone: 352-333-5235

### **Epilepsy Services of North Central Florida Support Group**

Meets 3rd Tuesday of the month, 2pm.  
Meets at:  
1010 NW 8th Ave, Suite B  
Gainesville, FL 32601  
Phone: 352-392-6449

### **Support Group for Adults on the Autism Spectrum**

Discussion group for adults with ASD.  
Meets last Thursday of month at 12pm.  
Please feel free to bring your lunch!  
Meets at:  
CARD Office  
1405 NW 13th St  
Gainesville, FL 32601  
Contact: Robin Byrd  
Phone: 352-846-3700

### **Shands Rehab Brain Injury Support Group**

Meets 4th Thursday of month,

6:15-7:30pm. Meets at:  
Shands Rehab Hospital  
4101 NW 89th Blvd  
Gainesville, FL 32606  
Contact: Marie Mysiuk  
Phone: 352-265-5494

**Traumatic Brain Injury Support  
Group**

**Contact:** Wendy Alexander  
Phone: 352-338-0091

**Al's Place Alzheimer's Day Program**

Meets 3rd Thursday of month, 9am.  
Meets at:  
First Christian Church  
3411 NW 83rd St  
Gainesville, FL 32606  
Phone: 352-375-3000

**Northcentral Florida Playgroup  
(Down Syndrome Support Group)**

Gainesville, FL  
Phone: 386-462-4988  
Web: [http://groups.yahoo.com/group/  
NCFL\\_Playgroup/](http://groups.yahoo.com/group/NCFL_Playgroup/)

## **BAKER COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:  
Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489

### **Family Care Council Area 4**

Online/email support group for families  
of children w/ disabilities.  
Web: [http://groups.yahoo.com/group/  
FCCFA4](http://groups.yahoo.com/group/FCCFA4)

## **BAY COUNTY**

### **Parent to Parent/UCP of North Florida**

Support group for parents of children & adults w/ disabilities. Meets 2nd Tuesday of the month, 6pm. Meets at:  
UCP of North Florida  
621 Kraft Ave  
Panama City, FL 32401  
Contact: Fred Knoll  
Phone: 850-769-1593

### **Epilepsy Association of the Big Bend Support Group**

Meets 3rd Wednesday of the month.  
Phone: 850-872-2998

### **Second Chance Brain Injury Support Group**

Meets 1st Tuesday of month, 6-9pm.  
Meets at:  
222 E Beach Dr  
Panama City, FL  
Contact: Sherl Morden  
Phone: 850-769-7779

### **Action Up With Downs Support Group**

PO Box 9326  
Panama City Beach, FL 32417  
Phone: 850-249-9988 or 850-258-3732  
Email: actonupwithdowns@knology.net  
Web: www.actonupwithdowns.com

### **Bay County Autism Support Group**

Email: BayCounty.ASG@comcast.net

### **Traumatic Brain Injury Support Group**

**Contact:** Tracy William Harris  
Phone: 850-785-7124

**BRADFORD COUNTY**

## **BREVARD COUNTY**

### **Adult ADHD Support Group**

Meets once a month in Melbourne. Call in advance to register.  
Phone: 321-575-6321

### **Amputee Support Group**

Meets 1st Wednesday of month, 1pm.  
Meets at:  
HealthSouth Sea Pines Rehabilitation Hospital  
101 E Florida Ave  
Melbourne, FL  
Phone: 321-984-4600

### **Arthritis Support Group**

Meets 3rd Wednesday of month, 1-2pm.  
Meets at:  
Franklin T DeGroot Library  
(small conference room)  
6475 Minton Rd  
Palm Bay, FL

### **Heads Together Brain Injury Support Group**

Meets last Tuesday of month, 7pm.  
Meets at:  
HealthSouth Sea Pines Rehabilitation Hospital  
101 E Florida Ave  
Melbourne, FL  
Phone: 321-984-4600

### **Heads Up Brain Injury Support Group**

Meets 2nd Wednesday of month, 7pm.  
Meets at:  
Wuesthoff Medical Center  
(dining rooms 1 & 2)  
110 Longwood Ave  
Rockledge, FL  
Phone: 321-268-5103

### **Brevard Association for Advancement of the Blind**

Support group for the blind. Call in advance for meeting dates/times.  
Meets at:  
674 S Patrick Dr  
Satellite Beach, FL  
Phone: 321-773-7222

### **Cancer Support Group**

Meets 1st Friday of month, 12pm.  
Meets at:

Cancer Care Center  
1430 S Pine St  
Melbourne, FL  
Phone: 321-952-0898

**Cancer Support Group**

Meets 2nd Friday of month, 12pm.

Meets at:

Cancer Care Center  
215 Cone Rd  
Merritt Island, FL  
Phone: 321-453-7440

**Cancer Support Group**

Meets 3rd Thursday of month, 12pm.

Meets at:

Cancer Care Center  
13050 US 1  
Sebastian, FL  
Phone: 772-589-1995

**Brevard Aspergers Support Group**

Support activities vary. Call for the most current information.

Contact: Irene Mazloom  
Phone: 407-823-2176

**Sun-Up Support Group**

Support group in Melbourne area for persons w/ disabilities & their families.

Meets 2nd Sunday of month, 3-4pm.

Meeting location varies. Call for most current information.

Contact: Sister Fran Simpson, SFCC  
Phone: 321-727-3965

**Parent Support Group**

Support group for families of children & adults w/ disabilities. Meets quarterly on the 3rd Thursday, 1-2pm. Call for the most current meeting information.

Contact: Barbara Powell  
Phone: 321-690-3464 x18

**Society for Exceptional Adults (SEA)**

Support group for adults w/ disabilities.

Meets 3rd Wednesday of month,

10am-12pm. Meets at:

The Hope Center  
3661 S Babcock St  
Melbourne, FL 32901  
Contact: Marlene Walker or  
Lisa Inbornone  
Phone: 321-254-3745

**NAMI Mental Health Support Group**

Meets 1st Tuesday of each month, 7pm.

Meets at:

North Brevard Public Library

2121 S Hopkins Ave

Titusville, FL 32780

Phone: 321-267-8214 or

321-267-4030

**Adult ADD Self-Help Support Group**

Meets 1st & 3rd Friday of each month,

6pm. Meets at:

Unity Church

Rockledge, FL

Phone: 321-453-6977 or

321-454-4501

**Tourette's Syndrome Support Group**

Meets 3rd Saturday of month,

10-11:30am. Meets at:

Faith Fellowship Church

2820 Business Center Blvd

Melbourne, FL

Contact: Wendy Romeu

Phone: 321-254-8201

**Angels Bridging Gaps Autism****Support Group**

Phone: 321-723-1602

**Adult ADD/ADHD Support Group**

Meets last Tuesday of month, 6:30-8pm.

Meets at:

20 S Wickham Rd, 2nd Floor

Melbourne, FL 32935

Phone: 321-480-7532

**Adults w/ Aspergers Syndrome Group**

Contact: Kim Spence-Cochran

Phone: 407-737-2566 x18

**Brevard County Central Cocoa****Sunday MS Support Group**

Meets 2nd Sunday of month, 2pm.

Meets at:

Cocoa Public Library

308 Forrest Avenue

Cocoa, FL

Contact: Kevin

Phone: 321-636-0235

Email: rkkelley@cfl.rr.com

**Brevard County Central & South****Sunday MS Support Group**

Meets 3rd Sunday of month, 2pm,

September through May. Meets at:



Melbourne Public Library  
540 East Fee Avenue  
Melbourne, FL.  
Contact: Joanne  
Phone: 321-724-9380  
Email: jogreen@fit.edu

**Traumatic Brain Injury Support  
Group**

Contact: K. Dorn Williamson  
Phone: 407-253-0131

**Sunflower House Alzheimer's  
Support Group**

Meets 1st & 3rd Tuesday of month,  
1:30pm. Meets at:  
777 E. Merritt Island Causeway  
Inside Merritt Square Mall  
Merritt Island, FL 32952  
Contact: Sharon Ramsey or  
Dana Johnson  
Phone: 321-449-9956

## **BROWARD COUNTY**

### **Florida Amputee Support Team**

Contact: Gayle O'Barr

Phone: 954-587-4469

### **Agency for Persons w/ Disabilities**

Support activities vary. Call for the latest information.

Contact: Bob Wessels

Phone: 954-713-1273

### **ARC of Broward County**

Support activities vary. Call for the latest information.

Phone: 954-579-9736

### **Deaf & Hearing Impaired Education Taskforce**

Support activities vary. Call for the latest information.

Phone: 954-481-2718

### **Department of Vocational Rehabilitation**

Support activities vary. Call for the latest information.

Contact: Brenda Motter

Phone: 954-677-5622

### **Gold Coast Down Syndrome**

#### **Organization**

10250 NW 53rd St

Sunrise, FL 33351

Phone: 954-577-4122 or 954-746-2954

Email: [info@bgcdownsyndrome.org](mailto:info@bgcdownsyndrome.org)

Web: [www.bgcdownsyndrome.org](http://www.bgcdownsyndrome.org)

### **Brain Injury Association of Florida Support Group**

Group focuses on adult family members.

Parents of adult children w/ mental disabilities are also welcome. Meets 3rd

Tuesday of each month, 7pm. Meets at:

North Broward Medical Center

201 E Sample Rd

Pompano Beach, FL 33064

Contact: Carolyn Rocchio

Phone: 800-992-3442

### **Aspergers Group for Parents**

6100 Griffin Rd

Davie, FL

Contact: Brian Roselione

Phone: 954-262-7111

**Henderson Mental Health Center**

Phone: 954-791-4300

**South County Mental Health Center**

Phone: 561-495-0522

**Tourette's Syndrome Support Group**

Phone: 954-224-9881

**Adult ADD Support Group**

Phone: 561-706-1274

**Adult ADD/ADHD Support Group**

Meets 1st Monday of each month,

6:30-8pm. Meets at:

4801 S University Dr, Suite 115

Davie, FL 33328

Contact: Gary J Santucci, Ed. S.

Phone: 954-474-1119

**Scleroderma Foundation Support Group**

Meets 3rd Saturday of month,

11am-1pm. Meets at:

Northwest Medical Center

(in main hospital bldg, conference rooms  
2 & 3)

2801 N State Rd 7

Margate, FL

Contact: Berna Falkoff 954-978-9918

or

Sharla Slappey 954-755-8579

**Mothers Support Group**

Mom's group is a great opportunity to  
meet other moms who understand the  
challenges of raising children w/ special  
needs.

Email: [lindas@bcckids.org](mailto:lindas@bcckids.org)

Phone: 954-941-1228 x112

**Grandparents Support Group**

Grandparents group provides a great  
opportunity to meet other grandparents  
who understand the challenges & stages  
one goes through when raising grandchildren  
w/ special needs.

Email: [lindas@bcckids.org](mailto:lindas@bcckids.org)

Phone: 954-941-1228 x112

**Leeza's Place at Memorial Hospital  
Pembroke**

Various support groups. Call for more  
information.

Contact: Bonnie Bonomo 954-883-7243

or

Justine Hoo 954-883-7240

**Memorial Regional Brain Injury  
Support Group**

Meets 3rd Thursday of month, 6-8pm.

Meets at:

Memorial Regional Hospital

3501 Johnson St

Hollywood, FL 33021

Contact: Cheri Surloff

Phone: 954-265-4725

**Traumatic Brain Injury Support  
Group**

Contact: Dr. Scott Rusman

Phone: 954-749-0300

**NAMI Broward County**

Phone: 954-722-5445

**Mental Health Association of  
Broward County**

Phone: 954-746-2055

**Jewish Family Services Mental Health  
Support**

Phone: 954-370-2140

**Gold Coast Down Syndrome  
Organization**

2255 Glades Rd, Suite 342-W

Boca Raton, FL 33431

Phone: 561-912-1231 or 561-912-1232

Email: [gcdso@bellsouth.net](mailto:gcdso@bellsouth.net)

Web: [www.goldcoastdownsyndrome.org](http://www.goldcoastdownsyndrome.org)

**Special Gals: for Parents & Service  
Providers of Females with  
Developmental Disabilities**

Vienna Coffee House

5724 South Flamingo Rd

Cooper City, FL

Contact: Mona Nasser

Phone: 305-219-3905

**SPEC - Support for Parents of  
Exceptional Children**

Miami Children's Hospital

Dan Marino Center

Weston, FL

Phone: 954-577-4141

## **CALHOUN COUNTY**

## **CHARLOTTE COUNTY**

### **Support Group for Mental Health Caregivers (NAMI Charlotte County)**

Meets 2nd Monday of month, 6pm.

Meets at:

Family Services Center

(conference room)

21450 Gibraltar Dr

Port Charlotte, FL 33952

Phone: 941-268-8033

### **ARC Parents Group**

Support group for parents of children w/  
disabilities. Meets 1st Tuesday of  
month, 7-8:30pm. Support activities  
vary. Call for the most current  
information.

Contact: Doug & Mary Sloan

Phone: 941-627-8771

### **Tourette's Syndrome Support Group**

Meets 1st Thursday of month, 6pm.

Meets at:

The Child & family Institute Office of

Elite Speech Therapy

6150 Diamond Centre Ct

Ft Myers, FL

Contact: Dr Michael Fox, MD

Phone: 941-379-9110

### **Brain Injury Support Group**

Meets 1st Thursday of month,

6:30-8:30pm. Meets at:

Med County Regional Library

(Meeting Room A)

2050 Forrest Nelson Rd

Port Charlotte, FL 33952

Contact: Bob Binese

Phone: 941-697-3055

941-268-7879

941-613-3192 (library)

### **Post Polio Support Group of Charlotte County**

Meets 2nd Thursday of Month,

Oct-June, 1pm. Meets at:

Cultural Center of Charlotte County

Conference Center Room B

Gertrude Street

Port Charlotte, FL

Contact: Cathy Lane 941-575-1594

lanesailboat@comcast.net

or

George Brown 941-575-7510

gerb@swfla.rr.com

**Epilepsy Services of Southwest  
Florida**

Phone: 941-629-3309

**Alzheimer's Support Group**

Meets every Tuesday, 10-11am. Meets  
at:

Charlotte County Cultural Center  
Centennial Hall

Port Charlotte, FL

Phone: 941-883-2425

**Living Well w/ MS Support Group**

Meets 2nd Tuesday of month, 6-8pm.

Meets at:

Cultural Center of Charlotte County  
Centennial Hall

2280 Aaron St.

Port Charlotte, FL

Contact: Nikki

Phone: 941-764-0631

## **CITRUS COUNTY**

### **Citrus Autism Support Society (CASS)**

Social group for families & children to  
get to know each other & make friends.

Meets Fridays, 6:30pm.

NO MEETINGS IN JUNE OR JULY.

Meets at:

Key Training Center

130 Heights Ave

Inverness, FL

Contact: Marianne Bryant

Phone: 352-726-9242

### **Citrus County Wednesday Afternoon MS Support Group**

Meets 4th Wednesday of month, 1pm,  
September through June.

November & December are held the 3rd  
Wednesday of month. Meets at:

First Presbyterian Church

1501 SE US Highway 19

Crystal River, FL

Contact: Peggy

Phone: 352-344-4855



## **CLAY COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/ developmental disabilities. Meets 4th Saturday of month, 10am. Meets at: Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489

### **Baptist Association for Special Children & Adults**

Offers an opportunity for disabled children & adults to socialize, participate in sports activities & make friends. Call for the latest information on activities being offered.  
Phone: 904-568-6023

### **Family Care Council Area 4**

Online/email support group for families of children w/ disabilities.  
Web: <http://groups.yahoo.com/group/FCCFA4>

### **Alzheimer's Caregiver Support Group**

Meets 3rd Tuesday of month, 6:45pm.  
Phone: 904-284-5977

### **Alzheimer's Caregiver Support Group**

Meets 2nd Thursday of month, 6pm.  
Phone: 904-272-2424

### **Mental Illness Support Group**

For family members who care for someone with mental illness.  
Meets 1st & 3rd Thursday of month, 7-8:30pm.  
Contact: Judy Bennett  
Phone: 904-291-5568 x3525

### **The Allegro at Fleming Island Alzheimer's Support Group**

Meets 1st Wednesday of month, 6:30pm. Meets at:  
3651 US Highway 17  
Orange Park, FL 32003  
Contact: Dena Howard or Carolyn Williams  
Phone: 904-278-4442

**Life Care Center of OP Alzheimer's  
Support Group**

Meets 2nd Thursday of month, 5:30pm.

Meets at:

2145 Kingsley Avenue

Orange Park, FL 32073

Contact: Theresa Wright

Phone: 904-272-2424

**CHADD of Clay County**

Phone: 904-264-1250

**COLLIER COUNTY****Mom's Night Out**

Meets monthly. Call for the latest information.

Contact: Barb Southwick

Phone: 239-777-0731

**Autism Support Group**

Contact: Robin King

Phone: 239-273-2144

**Tourette's Syndrome Support Group**

Meets 1st Thursday of month, 6pm.

Meets at:

The Child & Family Institute Office of

Elite Speech Therapy

6150 Diamond Centre Ct

Ft Myers, FL

Contact, Dr Michael Fox, MD

Phone: 941-379-9110

**Mental Health Association of  
Southwest Florida**

Phone: 239-261-5405

**Bosom Buddies Breast Cancer &  
Lymphedema Support Group**

Meets 2nd & last Wednesday of month,  
7pm. Meets at:

Naples Community Hospital

Telford Education Center

350 7th St

Naples, FL

Contact: Anne Schuch

Phone: 239-514-3845

**ALS/Lou Gherig's Disease Caregiver  
Support Group**

Meets 2nd Saturday of month, 12-2pm.

Meets at:

NCH North Naples Hospital

11190 Health Park Blvd, Admin Bldg

1st room left of lobby

Naples FL

Contact: Christine Bright

Phone: 888-257-1717 x130

**Caregivers Support Group**

Open to any caregivers. Meets 1st & 3rd  
Tuesday of month, 1-2:30pm.

Contact: Melody Winfield

Phone: 239 261-4404

**Naples Traumatic Brain Injury  
Support Group**

Contact: Vanessa Crawford

Phone: 239-436-6888

**Caregiver Support Group**

Open to any caregiver. Meets 2nd Tuesday of month, 3-4:30pm. Meets at:  
Heron House  
5175 Tamiami Trail E  
Naples, FL  
Contact: Laura Tabone  
Phone: 239 261-4404

**Brain Tumor Support Group**

Meets 2nd Tuesday of month, 5 pm.  
Phone: 239-436-6179

**CIL SW Florida Amputee Support Group**

Phone: 239-277-1447

**CIL SW Florida Brain Injury Support Group**

Phone: 239-277-1447

**CIL SW Florida Spinal Cord Injury Support Group**

Phone: 239-277-1447

**Epilepsy Support Group**

Phone: 239-649-7430  
Email: epilepsy@infionline.net

**Mended Hearts**

Cardiac support group.  
Phone: 239-514-1736 or 239-261-5713

**MS Society of SW Florida**

Phone: 239-435-1901

**Naples Fibromyalgia Support Group**

Meets 3rd Tuesday of month, November to May, 1:30pm. Meets at:  
North Collier Government Services Center  
2335 Orange Blossom Dr  
Naples, FL  
Phone: 239-514-7264  
Email: beth@naples.net

**Traumatic Brain Injury Support Group**

Meets 3rd Tuesday of month. Meets at:  
Naples Branch Library  
650 Central Ave  
Naples, FL  
Phone: 239-417-5111  
Email: Lphipps58@aol.com

## **COLUMBIA COUNTY**

### **Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:  
Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489

**DESOTO COUNTY**

**Epilepsy Services of Southwest  
Florida**

Phone: 941-953-5988

## **DIXIE COUNTY**

## **DUVAL COUNTY**

### **Support for Individuals w/ Asperger's Syndrome**

Support activities vary. Call for the most current information.

Contact: Diane Adreon

Phone: 904-743-5168

### **Family Care Council Area 4**

Online/email support group for families of children w/ disabilities.

Web: <http://groups.yahoo.com/group/FCCFA4/>

### **Baptist Association for Special Children & Adults**

Offers an opportunity for disabled children & adults to socialize, participate in sports activities & make friends. Call for the latest information on activities being offered.

Phone: 904-568-6023

### **Family & Friends/ARC Duval**

Support group for parents of children & adults w/ disabilities. Meets last Tuesday every other month, 12pm.

Contact: Jackie Woodard

Phone: 904-355-0155 x13

### **Autism Association of Northeast Florida, Inc.**

Phone: 904-399-4490

Web: [www.autismresource.com](http://www.autismresource.com)

### **National Ataxia Foundation of Northeast Florida Support Group**

Contact: John Richwine

Phone: 904-996-0698

### **AWAKE in Jacksonville Sleep Apnea Support Group**

Contact: Lori Lopez

Phone: 904-281-0107

### **OCD Support Group**

Meets 1st Thursday of month, 7pm.

Meets at:

River Point behavioral Health  
(formerly Ten Broeck Hospital)

1st Floor of brick Admin bldg

6300 Beach Blvd

Jacksonville, FL



**CHADD of Duval County**

Phone: 904-726-5000 x499

**ADHD Parent Support Group**

Phone: 904-493-7749

**Support Group for Parents of  
Children w/ OCD**

Meets 2nd Thursday of month. Meets at:  
The Ronald McDonald House  
824 Childrens Way  
Jacksonville, FL

**Building the Puzzle Together**

Support group for fathers of children w/  
autism.

Phone: 786-205-5498

**Parents Offering Wisdom,  
Enrichment & Resources (POWER)**

Mental health support group.

Phone: 904-399-5468

**First Coast Self Advocates**

Connecting individuals w/  
developmental disabilities in the  
Jacksonville area to social, recreational  
& educational activities.

Web: [http://groups.yahoo.com/group/  
firstcoastselfadvocates/](http://groups.yahoo.com/group/firstcoastselfadvocates/)

**Autism Connection of Jacksonville**

Online/Email support group.

Web: [http://groups.yahoo.com/group/  
autism\\_connection\\_jacksonville/](http://groups.yahoo.com/group/autism_connection_jacksonville/)

**Alzheimer's Caregiver Support  
Group**

Meeting dates/times/locations vary. Call  
for the most current information.

Contact: Katie

Phone: 904-398-8034

**Huntington's Disease Caregiver  
Support Group**

Contact: Jason Mundy

Phone: 904-376-5330 or 904-733-6954

**ALS/Lou Gherig's Disease Caregiver  
Support Group**

Meets 1st Saturday of month, 1-3pm.

Contact: Judie Benwick

Phone: 888-257-1717 x112

**Hope Brain Injury Support Group**

Meets 3rd Saturday of month,  
10:15am-12pm. Meets at:  
Brooks Outpatient Rehab Center  
3901 University Blvd S  
Jacksonville, FL 32216  
Contact: Jane Elkins  
Phone: 904-771-6558

**NAMI of Jacksonville**

Phone: 904-724-7782

**Alzheimer's Support Group**

Meets 3rd Tuesday of month, 7pm.  
Meets at:  
St Paul Methodist Church  
8264 Lone Star Rd  
Jacksonville, FL 32211  
Contact: Erma Frey  
Phone: 904-721-2167

**Alzheimer's Support Group**

Meet 4th Tuesday of month, 2pm.  
Meets at:  
The Atrium at Regency  
9960 Atrium Way  
Jacksonville, FL 32225  
Contact: Grace Williams  
Phone: 904-724-1006

**Alzheimer's Support Group**

Meets 1st Tuesday of month, 6pm.  
Meets at:  
Hope Adult Day Services  
1560 Roberts Dr  
Jacksonville Beach, FL 32250  
Contact: Carol Neil  
Phone: 904-249-4673

**Alzheimer's Support Group**

Meets 3rd Friday of month, 7pm.  
Meets at:  
All Saints Episcopal Church  
4171 Hendricks Ave  
Jacksonville, FL 32209  
Contact: Brenda Jewel  
Phone: 904-737-7800

**Down Syndrome Association of Jacksonville**

1050 N Davis St  
Jacksonville, FL 32209  
Phone: 904-353-6300 or 904-353-6322  
Email: dsaj@bellsouth.net  
Web: www.dsaj.org

**Jacksonville Association for Children  
& Adults w/ Learning Disabilities**  
Phone: 904-737-9624

**CARD Jacksonville Aspergers  
Support Group**  
Phone: 904-737-5239

**Autism Society of Greater  
Jacksonville**  
Phone: 904-399-4490

**First Coast Brain Injury Support  
Group**  
Phone: 904-786-7978

**DUVAL COUNTY (cont)  
Down Syndrome Association of  
Jacksonville**  
Phone: 904-353-6300

**Families and Professionals for  
Children with Disabilities**  
Phone: 904-333-0242

**Leukemia Society of Jacksonville**  
Phone: 904-332-6414

**Mothers of Obsessive Compulsive  
Children & Adolescents (MOCCA)**  
Phone: 904-728-7834  
Web: [www.ocfjac.org](http://www.ocfjac.org)

**Parent Support Group for Children  
w/ Learning Disabilities**  
Phone: 904-534-5327

## **ESCAMBIA COUNTY**

### **Upside 2 Downs of Pensacola**

Down Syndrome support group. Meets  
3rd Thursday of month. For English and  
Spanish speaking families. Meets at:  
5150 Bayou Blvd  
Pensacola, FL 32503  
Contact: Fred Gilliard  
Email: upside2downs@gmail.com  
Web: www.upside2downs.org

### **Mended Little Hearts/Hearts of Hope**

Support group for families of pediatric  
heart patients. Meets monthly at:  
Tyron Branch Library  
5740 N 9th Ave  
Pensacola, FL 32504  
Contact: Sheila Allen 850-857-2016  
or  
Toya Henderson 850-577-4044

### **The Meeting Place**

Support group for parents of adults w/  
disabilities. Meets 2nd Tuesday of  
month, 5:30-8pm. Meets at:  
ARC Escambia  
3913 N 10th Ave  
Pensacola, FL 32503  
Contact: Patty Houghland  
Phone: 850-944-3217

### **Autism Society of the Panhandle**

Support activities vary. Call for the most  
current information.  
Phone: 850-450-0656

### **Caregiver Support Group**

Open to caregivers 60 years or older, or  
a caregiver caring for a person 60 years  
and older, or grandparents 60 years and  
older caring for grandchildren. Meets  
2nd Wednesday of month, 2:30-3:30pm.  
Contact: Gwen Rhodes or John  
Bonarirgo  
Phone: 850-494-7100 x220

### **Caregiver Support Group**

Meets last Thursday of month, 6pm.  
Phone: 850-432-1475

**ALS/Lou Gherig's Disease Caregiver  
Support Group**

Meets 2nd Saturday of month,  
11am-1pm.

Contact: Heran Sisay

Phone: 888-257-1717 x103

**The Lupus Support Network**

Phone: 800-458-8211

Email:

questions@thelupussupportnetwork.org

Web: www.thelupussupportnetwork.org

**Services of Northwest**

**Florida**

Phone: 850-433-1395

**Pensacola Brain Injury Support  
Group**

Meets 2nd Wednesday of month, 4-5pm.

Meets at:

West Florida Rehab Institution

Community Room

8383 N David Hwy

Pensacola, FL 32514

Contact: Joann Massey 850-494-6178

or

Rinda Gray 850-494-6195

**Traumatic Brain Injury Support  
Group**

Contact: Joe Grossi

Phone: 850-494-6180

**Pensacola Traumatic Brain Injury  
Support Group**

Contact: Peggy Henshall

Phone: 850-457-2870

**Pensacola Traumatic Brain Injury  
Support Group**

Contact: Susanne Deaton

Phone: 850-494-6100

## **FLAGLER COUNTY**

### **Fun Coast Down Syndrome Association**

3601 E Moody Blvd  
Bunnell, FL 32110  
Phone: 386-447-8034  
Email: funcoastdown@bellsouth.net  
Web:  
www.funcoastdownsyndromeassociation.com

### **Autism & Related Disabilities Support Group**

Contact: Melanie Shiffman  
Phone: 386-295-6795  
Email: mshiffman@phpf-fountain.org

### **Mental Health Association of East Central Florida**

Phone: 386-252-5785

### **Alzheimer's Support Group**

Meets 3rd Thursday of month, 6:30pm.  
Contact: Sister Helene Hicks  
Phone: 386-447-1856

### **ARC Flagler County**

Meets 1st Friday of month, 1:30pm.  
Contact: Theodora Wenstrom  
Phone: 386-446-2385

### **Flagler County Wednesday Evening MS Support Group**

3rd Wednesday of month, 6:30pm.  
Meets at:  
Florida Hospital Flagler  
60 Memorial Medical Parkway  
(off of Route 100)  
Palm Coast, FL  
Contact: Wendy  
Phone: 386-585-3159  
Email: wjsileo@yahoo.com

### **Alzheimer's Support Group**

Meets 1st Monday of month, 6pm.  
Meets at:  
Flagler Pines Rehabilitation and Nursing Center  
300 South Lemon St  
Bunnell, FL 32110  
Contact: Nancy Malito

**Alzheimer's Support Group**

Meets, 2nd Tuesday of month, 2pm.

Meets at:

David I. Siegel Center

Community Services Building

Conference Room

1000 Belle Terre Parkway

## **FRANKLIN COUNTY**



## **GADSDEN COUNTY**

### **Diabetes Support**

Phone: 850-875-3600

## **GILCHRIST COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:

Christ Central Church

Dyal Ave

Lake City, FL

Contact: Nancy Harr

Phone: 386-269-1489

**GLADES COUNTY**

**Florida Gulf Coast Chapter  
Alzheimer's Association**  
Phone: 863-385-3444

## **GULF COUNTY**

### **HAMILTON COUNTY**

#### **Developmental Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:  
Christ Central Church

Dyal Ave

Lake City, FL

Contact: Nancy Harr

Phone: 386-269-1489

## **HARDEE COUNTY**

**HENDRY COUNTY**

**Alzheimer's Support Group**  
Phone: 863 983-5123

## **HERNANDO COUNTY**

### **Autism H.A.P.P.E.N.**

Meets 3rd Wednesday of month,  
7-8:30pm. Meets at:  
Pediatric Therapy Works  
1273 Cass Circle  
Spring Hill, FL 34606  
Contact: Leslie Bolen  
Phone: 352-863-0209

### **Dyslexia & Related Learning Differences**

Meets 1st Tuesday of month, 7-8pm.  
Contact: Nikki Pierce  
Phone: 352-584-5512

### **Special Students of Hernando County**

A community resource & support group  
for any parents, guardians, caregivers,  
providers or educators that have or  
interact w/ children who have ANY  
disability.

Web:

[www.specialstudentsofhernando.com](http://www.specialstudentsofhernando.com)

### **Up With Downs of Hernando County**

3340 Memory Ln  
Spring Hill, FL 34606  
Phone: 352-442-7117  
Email: [upfordownshernando@live.com](mailto:upfordownshernando@live.com)

## **HIGHLANDS COUNTY**

### **Alzheimer's Support Group**

Phone: 863-385-3444

### **ALS/Lou Gherig's Disease Caregiver Support Group**

Contact: Christine Bright

Phone: 888-257-1717 x130

### **New Beginings Brain Injury Support Group**

Contact: Dianna

Phone: 863-385-1196

### **Diabetes Support Group**

Phone: 941-402-0177

### **Highlands County Tuesday Evening MS Support Group**

Meets 2nd Tuesday of month, 7pm .

Meets at:

Highlands Regional Medical Center

1st Doctor's Cafeteria

3600 S Highland Ave

Sebring, FL

Contact: Janet

Phone: 863-465-3138

## **HILLSBOROUGH COUNTY**

### **Concerned Parents of Autistic Children**

Meets quarterly on Sundays, 3-5pm.

Call for the latest information. Meets at:

Riverview Academy for Autism

9631 Raiden Ln

Riverview, FL 33569

Contact: Dr Moursi

Phone: 813-643-9393

### **Informed Parents United Together (IPUT)**

A universal education advocacy organization. Online/email group.

Contact: Gina Hammons

Phone: 813-377-5787

Web: [www.iput.org](http://www.iput.org)

### **Aspie Kids**

Tampa area group on Meetup.com. This is a meetup for younger children, ages

1-8, who have Aspergers Syndrome.

Parents can talk & kids can meet other local kids in the Tampa Bay area who

also have Aspergers. Meeting dates

vary. Visit page on Meetup.com for the

most current information.

Web: <http://aspergers.meetup.com/364/>

**Spina Bifida Association of Tampa**

Support group for families of persons w/  
spina bifida. Meets 3rd Friday of month,  
7pm. Meets at:

Shriners Hospital

Tampa, FL

Contact: Peter Ciccariello

Phone: 813-933-4827

**Tourette's Syndrome Support Group**

Meets 3rd Thursday of month, 6:30pm.

Meets at:

Silver Child Development Center at the  
University of South Florida

3515 E Fletcher Ave, Suite E

Tampa, FL

Phone: 727-418-0240

Email: [director@tsa-fl.org](mailto:director@tsa-fl.org)

**National Ataxia Foundation West**

**Central Florida Support Group**

Contact: Crystal Frohna

Phone: 813-453-1084

**CHADD ADD/ADHD Support Group**

Contact: Carol Rehfelt

Phone: 813-882-5310

**Autism Support Group**

Brandon area group.

Contact: Shannon Vosler

Phone: 813-381-3758

**Tampa Bay Adult ADD Support  
Group**

Meets 1st Tuesday of every other month,  
6:30-8:30pm.

Contact: Clarise Castro

Phone: 813-264-2404

**Tampa South Brain Injury Support  
Group**

Meets 1st Wednesday of month,  
6:30-8:30pm. Meets at:

McFarland Park, Barksdale Bldg

1801 N Lincoln Ave

Tampa, FL 33602

Contact: Bob Barrett

Phone: 813-908-1375



**Special Parents Support Group**

For parents of children w/ special needs.

Contact: Lydia Adams

Email: lydiaa@tjfs.org

**Huntington's Disease Caregiver  
Support Group**

Contact: Marcie McCall

Phone: 813-974-6022

**Arthritis Foundation Arthritis  
Support Group**

Phone: 813-968-7000

**University Community Hospital  
Arthritis Support Group**

Phone: 813-615-7300

**H. Lee Moffit Cancer Center Brain  
Tumor Support Group**

Phone: 813-972-4673

**DBSA Depression/Bipolar Support**

Phone: 813-878-2906

**Tampa General Hospital Brain Injury  
Family Support Group**

Meets 3rd Wednesday of month,

5-6:30pm. Meets at:

Tampa General Hospital Rehab Center

2nd Floor, Curtis Hixon Room

Tampa, FL 33601

Contact: Rebecca McAlaster

Phone: 813-844-7759

Email: rmcaster@tgh.org

**West Hillsborough County Tuesday  
MS Support Group**

Meets 1st Tuesday of month, 12pm,

September through May. Meets at:

Regan Center

1200 Eastlake Ave

Tampa, FL

Contact: Judy 813-989-3416

or

Myra mcusella@verizon.net

**Central Hillsborough County Tuesday  
Evening MS Support Group**

1st Tuesday of month. 7pm, February  
through December. Meets at:  
Lake Magdalene Church, Heritage Hall  
2902 W Fletcher Ave  
Tampa, FL  
Contact: Diane  
Phone: 813-935-7538  
Email: howed.ha@verizon.net

**East Hillsborough County Monday  
Evening MS Support Group  
Specialized Group for Women Only  
"Tampa Ladies w/ MS"**

Meets 1st Monday of month, 6:30pm.  
Meets at:  
Hyde Park United Methodist Church  
500 W Platt St  
Tampa, FL  
Contact: Florence  
Phone: 813-390-6937  
Web: [www.tampaladieswithMS.com](http://www.tampaladieswithMS.com)

**VA Brain Injury Survivor Support  
Group**

Meets every Monday, 3-5pm & every  
Saturday 10am-12pm for families only.  
Meets at:  
James Haley Veterans Hospital  
Poly Trauma Unit 5 North  
Family Day Room  
13000 Bruce B Downs Blvd  
Tampa, FL 33612  
Contact: Steve Klemz  
Phone: 813-972-2000 x6663

**FRIENDS Support Down Syndrome  
Support Group**

PO Box 677  
Brandon, FL 33510  
Meets 1st Friday of month, 6:45pm-  
8:45pm at:  
Brandon Community Center  
502 E Sadie St  
Brandon, FL. 33510  
Phone: 813-654-6693  
Email: [info@friendssupport.org](mailto:info@friendssupport.org)  
Web: [www.friendssupport.org](http://www.friendssupport.org)

**HILLSBOROUGH COUNTY**  
**(cont)**

**Chelsea's Voice**

A voice for children with disabilities and their families .

Contact: Veleria Fabiszak

Phone: 813-388-9092 or 619-253-6928

Email: veleriafab@hotmail.com

**HOLMES COUNTY**

**INDIAN RIVER COUNTY**

**AIDS Support Group of Indian River County**

Phone: 561-569-8080

800-243-7101 (Haitian Creole)

800-545-7432 (Spanish)

**Caregiver's Support & Training Program**

Serves people 60 and older, to ensure dignity in their lives. Either older parents or spouses participate. This is a generic support group, not for just disabilities. There is education & info sharing. Community members are welcome. Meets 3rd Thursday of month, 5pm. Meets at:

Council on Aging

694 14th St

Vero Beach, FL32960

Contact: Mary Boyle

Phone: 561-569-0760

**Alliance for the Mentally Ill**

Phone: 772-388-0706

**Alzheimer's/Parkinson's Support Group**

Phone: 772-563-0505

**Geffen Cancer Center Cancer Support Group**

Phone: 772-770-5800

**Indian River memorial Hospital Diabetes Support Group**

Phone: 772-567-4311 x4032

**HealthSouth Treasure Coast Head Injury Support Group**

Phone: 772-778-2100

**HealthSouth Treasure Coast Post Polio Support Group**

Phone: 772-778-2100

**Speechville Express Speech/Language  
Impairment Support**

Contact: Jennie

Email: wasborngmama@aol.com

**Vero Beach Traumatic Brain Injury  
Support Group**

Contact: Susan Bykofsky

Phone: 772-299-4460 or 772-342-6830

## JACKSON COUNTY

## **JEFFERSON COUNTY**

### **Big Bend Brain Injury Support Group**

Contact: Teddy McQuat  
Phone: 850-421-3890

### **Diabetes Support**

Phone: 850-997-0707

## **LAFAYETTE COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/ developmental disabilities. Meets 4th Saturday of month, 10am. Meets at: Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489

## **LAKE COUNTY**

### **Autism & Related Disabilities Gym Program & Support Group**

FREE structured gym program during support group. Call for dates/times.  
Contact: Jo-Anne Houwers  
Phone: 407-234-7456  
Web: [www.autismgym.org](http://www.autismgym.org)

### **God's Exceptional Mom's (GEMS)**

Christian support group for moms of children w/ special needs.  
Contact: Wendy Baugh  
Phone: 352-245-8930

### **AWAKE Orlando Sleep Apnea Support Group**

Contact: Amy Korn-Reavis  
Phone: 407-517-8129

### **Brain Injury Support Group**

Contact: Barbara Milazzo  
Phone: 352-343-8008

### **Clermont Fibromyalgia Support Group**

Meets 2nd Wednesday of month, 6-7pm.  
Contact: Terrah Denham  
Phone: 352-449-9625  
Email: [ClermontFibro@gmail.com](mailto:ClermontFibro@gmail.com)

### **Diabetes Support**

Phone: 407-237-6330

**North Lake Brain Injury Support Group**

Meets 2nd Thursday of month, 2-4pm.

Meets at:

North Lake Presbyterian Church

Harbor Bldg

975 Rolling Acres Rd

The Villages, FL 32159

Contact: Florence Korpi

Phone: 352-553-2370

Email: FlorenceKorpi@hotmail.com

**Alzheimer's/Dementia Caregiver Support Group**

Meets 3rd Thursday of month, 10am.

Meets at:

First Baptist Church Umatilla

Adult Annex

550 Hatfield Dr

Umatilla, FL

Contact: Vickie Rogers

Phone: 352-669-3622

Email: vickirogers@embarqmail.com

**Parkinson's Disease Support Group**

Contact: Bill Gray

Phone: 352-753-2890

**Alzheimer's Support Group**

Meets 3rd Tuesday of month, 2:30pm.

Contact: Susan Marchesseault

Phone: 352-669-2133

**Alzheimer's Support Group**

Meets 3rd Wednesday of month,

1:30pm.

Contact: Alan Jones

Phone: 352-383-0051 x285

**"Mighty Survivors" MS Self-Help Group**

Meets 1st Wednesday of month, 10am.

Meets at:

South Lake Hospital

1099 Citrus Tower Blvd

Clermont, FL

Contact: Peggy

Phone: 352-243-1366 or 352-255-1183

**"Pity Us Not" MS Support Group**

Meets 1st Friday of month 10am-12pm.

Meets at:

Florida Hospital Waterman

Orientation Room

1000 Waterman Way

Tavares, FL

Contact: Dave  
Phone: 352-638-0663  
Email: pityusnot@hotmail.com

**Brain Injury Support of Central  
Florida**

Meets 4th Monday of month,  
6:30-8:30pm. Meets at:  
Leesburg Regional Medical Center  
North Anex  
700 N Palmetto  
Leesburg, FL 34748  
Contact: Barbara Castlow  
Phone: 352-483-1353



## **LEE COUNTY**

### **Guardian Angels for Special Populations**

Group provides education & recreation for adults w/ disabilities. Provides education & support for parents too.

Meets 1st Friday of month, 7-9pm.

Meets at:

Frieda B Smith Recreation Center

400 Santa Barbara Blvd

Cape Coral, FL

Contact: Lynette

Phone: 941-574-0574

### **Mental Health Support Group**

Meets Wednesdays & Fridays,

1-2:30pm. Meets at:

United Way House

1303 Homestead Rd

Lehigh Acres, FL

Phone: 941-369-0177

### **Tourette's Syndrome Support Group**

Meets 1st Thursday of month, 6pm.

Meets at:

The Child & Family Institute Office of

Elite Speech Therapy

6150 Diamond Centre Ct

Ft Myers, FL

Contact, Dr Michael Fox, MD

Phone: 941-379-9110

### **Traumatic Brain Injury Support Group**

Contact: Marti Tabor

Phone: 941-277-1447

### **Lehigh Acres Traumatic Brain Injury Support Group**

Contact: Lynda Kendrick

Phone: 239-369-2601

### **Fort Myers Traumatic Brain Injury Support Group**

Contact: Howard Kalter, PhD

Phone: 239-403-8883

### **Fort Myers Traumatic Brain Injury Support Group**

Contact: Anne Edwards

Phone: 239-277-1447

**Down Syndrome Supported Living  
Support Group**

PO Box 150448

Cape Coral, FL 33915

Phone: 239-458-8396

Email: dssli@comcast.net

**SW Florida PODS Angels Family  
Support Group**

3422 SE 11th Place

Cape Coral, FL 33904

Phone: 239-540-7897

Email: pringleclan@msn.com

## **LEON COUNTY**

### **Broken Hearts of the Big Bend**

Support group for heart patients.  
Phone: 850-443-2984

### **Parent Group/UCP Tallahassee**

UCP of Tallahassee provides in-home training & support for parents who have children or adults w/ special needs. Meeting times/dates vary. Call for the most current information.  
Contact: Kristin Korinko  
Phone: 850-922-5630

### **Big Bend Autism Society**

Meets 2nd Monday of month, 7pm.  
Meets at:  
Co-Cathedral of St Thomas Moore  
Parish Hall  
900 W Tennessee St  
Tallahassee, FL  
Contact: Anne Brewer  
Phone: 850-894-0783

### **Deaf/Hard of Hearing Support Group**

Meets Mondays, 6-8pm. Meets at:  
Temple Israel  
2215 Mahan Dr  
Tallahassee, FL  
Contact: Judy Eastman  
Phone: 850-877-6006

### **Disability Social Hour**

Meets 1st Sunday of month, 5-8pm.  
Meets at:  
Ruby Tuesday's  
Governor's Square Mall  
Tallahassee, FL  
Contact: Paul Martel  
Phone: 850-425-8360

### **Families of Children w/ a Visual Impairment**

Support group for parents of children under the age of 5 who have a visual impairment. Meets 3rd Thursday of month. Meets at:  
Gretchen Everhart School  
2750 Mission Rd  
Tallahassee, FL  
Contact: Nancy Rubin 850-906-2562  
or  
Penny Rosenblum 850-644-8408

**Family Care Council**

Meets 1st Thursday of month, 5:30pm.

Meets at:

HealthSouth Rehabilitation Hospital

1812 Riggins Rd

Tallahassee, FL

Contact: Polly Yates or Nan Whitfield

Phone: 850-668-3422

**FSU CARD Parents Night**

Meets 3rd Tuesday & 4th Monday of month. Meets at:

FSU Regional Rehabilitation Center

3rd Floor

FSU Campus

Tallahassee, FL

Phone: 850-644-4367

**Leon ARC Parents Auxiliary for Young Adults**

Meets 1st Tuesday of month, 7pm.

Meets at:

Leon Advocacy & Resource Center

1589 Metropolitan Blvd

Tallahassee, FL

**Leon Association for Children w/ Learning Disabilities**

The Association provides info & support to children w/ learning disabilities & their parents. Monthly meetings generally include a guest speaker & address a specific topic.

Meets 3rd Tuesday of month,

7:15-8:30pm. Meets at:

Tallahassee Memorial Psychiatric Center

1616 Physicians Dr

Tallahassee, FL

Contact: Chris Azpeitia 850-942-5601

or

Mark Goldman 850-562-3017

**NAMI Leon County**

Meets last Wednesday of month, 12pm.

Meets at:

Apalachee Center for Human Services

623 E Tennessee St

Tallahassee, FL

Contact: John Woodward

Phone: 850-222-1777

**Parents of Children w/ ADD**

Meets 2nd Tuesday of month, 7pm.

Meets at:

Springwood Elementary School

3801 Fred George Rd

Tallahassee, FL

Contact: Bonnie Syfrett

Phone: 850-877-0205

**Parent to Parent of Leon County**

Meets 3rd Thursday of month, 7pm.

Meets at:

Dick Howser Center

240 Mabry St

Tallahassee, FL

Contact: Elizabeth George

Phone: 888-466-6632

**Tallahassee Alliance for Persons w/  
Disabilities**

Meets Last Thursday of month, 7-9pm.

Meets at:

Tallahassee City Hall

Tallahassee, FL

Contact: Melinda Coulter

Phone: 850-385-6367

**Safety Net Alliance Mental Health  
Support Group**

Email: [bmichele33@yahoo.com](mailto:bmichele33@yahoo.com)

**Parent Support Group for Parents w/  
School Age Children w/ Disabilities**

Contact: Chris Heron

Phone: 850-487-7683

**Autism Support Group**

Meets 2nd Wednesday of month, 12pm.

Contact: Kristi

Email: [jonesbacklj@comcast.net](mailto:jonesbacklj@comcast.net)

**Aspergers Parent Support Group**

Contact: Janice Overstreet

Phone: 850-644-4367

**Big Bend Federation of Families for  
Children's Mental Health & Peer  
Partners**

Phone: 850-487-4319

**CLAY Program**

Online/Email support group.

Community based leisure activities for youth w/ cognitive disabilities.

Web: <http://groups.yahoo.com/group/CLAYProgram/>

**Down Syndrome Association of Tallahassee**

2910 Kerry Forest Parkway , #D4-212

Tallahassee, FL 32309

Phone: 850-894-0835

Email: [president@dsatallahassee.org](mailto:president@dsatallahassee.org)

Web: [www.dsatallahassee.org](http://www.dsatallahassee.org)

## LEVY COUNTY

**LIBERTY COUNTY**



## **MADISON COUNTY**

## **MANATEE COUNTY**

### **NAMI Manatee County Family Support Discussion Meetings**

Meets 2nd Monday of month, 7pm.

Meets at:

Volunteers of America Lifelong

Learning Center

2012 43rd Ave W

Bradenton, FL

### **Manasota BUDS Down Syndrome Support Group (Bringing Up Down Syndrome)**

8374 Market Street, #113

Bradenton, FL 34202

Phone: 941-907-0499

Email: [info@manasotabuds.org](mailto:info@manasotabuds.org)

Web: [www.manasotabuds.com](http://www.manasotabuds.com)

### **Manatee County Tuesday Afternoon MS Support Group**

Meets 1st Tuesday of month, 2pm.

Meets at:

Sonny's BBQ

5715 14th St W

Bradenton, FL

Contact: Linda

Phone: 941-778-2610 or 941-447-5429

Email: [Lreeves307@verizon.net](mailto:Lreeves307@verizon.net)

## **MARION COUNTY**

### **Helping Hands**

Support group for parents of children w/  
autism. Meets last Wednesday of month,  
6-8pm. Meets at:

Ocala Public Library (Meeting Room A)

2720 E Silver Springs Blvd

Ocala, FL 34470

Contact: Julie Bosivert

Phone: 352-861-0057

### **Caleb's Club: An Aspergers Friendship Social Skills Club**

Social skills networking for young  
children w/ Aspergers Syndrome or high  
-functioning autism, ages 10-16.

Contact: Jennifer 352-489-3906 or

352-572-3282

or

Tim: 352-572-3282

**Enjoying Life One Day at a Time!**

**MS Support Group**

Meets 3rd Wednesday of month,  
11am-1 pm, September through May.

Meets at:

Denny's Restaurant

3801 W Silver Springs Blvd

Ocala, FL

Contact: Jean

Email: mcmsgroup@aol.com

Web: www.mcmsgroup.com

**The Villages Tuesday Morning MS  
Support Group**

Meets 3rd Tuesday of month, 10am.

Meets at:

La Hacienda Center

1200 Avenida Central

Lady Lake, FL 32159

Contact: Joe 352-751-1663

joe@mssupportgroup.org

or

Judy 352-750-6689

judy@mssupportgroup.org

**Traumatic Brain Injury Support  
Group**

Contact: Joanne Harper or James Fortier

Phone: 352-368-2596

## **MARTIN COUNTY**

### **Evelina's Support Services Autism Support Group**

Contact: Evelina Bessent

Phone: 561-753-9858

### **Hearing Loss Association Deaf/Hard of Hearing Support Group**

Meets 4th Friday of month, 9:30-11am.

Meets at:

Deaf & Hard of Hearing Services of the  
Treasure Coast

10016 S Federal Hwy

Port St Lucie, FL

Phone: 772-335-5546

### **Disabled American Veterans Support Group-Chapter 113**

Meets 3rd Wednesday of month, 7pm.

Meets at:

1150 NW California Blvd

Port St Lucie, FL

Phone: 772-871-6667 or 772-871-2401

### **Physically Challenged & Disabled Citizens of Port St Lucie & Martin County**

Meets 2nd Wednesday of month,

6:45pm. Meets at:

Port St Lucie Community Center

2195 SE Airoso Blvd

Port St Lucie, FL

Phone: 772-398-0327

### **Stroke Support Group**

Meets 2nd Wednesday of month, 7pm.

Meets at:

St Lucie Medical Center

1800 SE Tiffany Ave

Port St Lucie, FL

Phone: 772-398-3818

### **American Council for Headache Education Headache/Migraine Support Group**

Meets 2nd Tuesday of month, 7-8:30pm.

Meets at:

Neurology Associates

901 SE Monterey Commons Blvd

Suite 200

Stuart, FL

Phone: 772-287-6042

**Treasure Coast Down Syndrome  
Awareness Group**

Phone: 772-546-7057

Email: [sacs01@bellsouth.net](mailto:sacs01@bellsouth.net)

Web: [www.tcdownsyndromeag.org](http://www.tcdownsyndromeag.org)

## **MIAMI-DADE COUNTY**

### **South Florida Amputee Support Network**

Contact: Hernan Luna  
Phone: 305-828-3698

### **Parent Leadership Council/Office of Parental Involvement**

Support activities vary. Call for the most current information.  
Phone: 305-995-1809

### **Special City for Special People**

Support activities vary. Call for the most current information.  
Phone: 786-344-5564

### **En Familia INC.**

Support group for Spanish speaking families of children w/ disabilities.  
Support activities vary. Call for the most current information.  
Phone: 305-245-7288

### **Down Syndrome Association of Miami**

Support activities vary. Call for the most current information.  
Phone: 305-218-8233 (Lillian)  
Email: info@dsaom.org

### **Tourette's Syndrome Support Group**

Contact: Marcella Diaz  
Phone: 305-552-5473

### **Friendship Circle Autism Support Group**

Phone: 305-254-5654

### **Girls Living w/ Autism/Aspergers in Miami (GLAM)**

Contact: Sonia Lopez  
Phone: 786-247-4534 or 305-898-2200

### **Scleroderma Foundation Miami-Dade County Support Group**

Meets 2nd Saturday of month,  
11am-1pm. Meets at:  
Baptist Hospital  
(Classroom 2, unless otherwise noted)  
8900 N Kendall Dr  
Miami, FL  
Contact: Christina Thrailkill  
Phone: 786-413-7372

**AWAKE Sleep Apnea Support Group**

Contact: Aileen Rodriguez

Phone: 786-596-0402

**University of Miami, Jackson Health  
System Neuro Rehabilitation Program  
Traumatic Brain Injury Family  
Education & Support Group**

Bi-lingual support group. Meets 1st &  
3rd Tuesday of month, 3:30-4:30pm.

Meets at:

Jackson Memorial Hospital

Ryder Trauma Center

(Room 459, Dining Room)

1800 NW 10th Ave

Miami, FL 33136

Contact: Susan Ireland, Ph.D

Phone: 305-585-1267

**Brain Injury Support Group**

Meets last Thursday of month,  
6-7:30pm. Meets at:

HealthSouth Rehab Hospital

20601 Old Cutler Rd

Miami, FL 33189

Contact: James Nadell Ph.D

305-259-6433

or

Rhonda Rivas 305-259-6434

## **MONROE COUNTY**

### **Down Syndrome Support Group**

Key West area group.

Contact: Nada Khalaf-Jones

Phone: 305-942-3967

### **Florida Keys Down Syndrome Education Trust**

382 Mahogany Dr

Key Largo, FL 33307

Phone: 305-942-3967

Email: [contactus@fkdset.org](mailto:contactus@fkdset.org)

Web: [www.fkdset.org](http://www.fkdset.org)



## **NASSAU COUNTY**

### **Family Care Council Area 4**

Online/email support group for families of children w/ disabilities.

Web: <http://groups.yahoo.com/group/FCCFA4>

### **Family Support Group**

Support group for families & other relatives w/ special needs children.

Meets 3rd Monday of month, 6pm.

Meets at:

ARC Office

1105 Hamilton St

Yulee, FL 32041

Contact: Nancy Foster

Phone: 904-225-9355

### **Alzheimer's Support Group**

Meets 3rd Thursday of month, 1:30pm.

Meets at:

Nassau County Council on Aging

1367 S 18th St

Fernandina Beach, FL 32034

Contact: Anne Smith

Phone: 904-261-0982

### **Alzheimer's Support Group**

Meets 2nd Tuesday of month, 7pm.

Meets at:

Life Care Center of Hilliard

3756 W 3rd St

Hilliard, FL 32046

Contact: Debbie Hester

Phone: 904-838-5832

## **OKALOOSA COUNTY**

### **Okaloosa-Walton Brain Injury Support Group**

Meets 1st Wednesday of month, 5-6pm.

Meets at:

Fort Walton Medical Center

Physician Café

1000 Mar Walt Dr

Fort Walton Beach, FL 32547

Contact: Martha Bayer

Phone: 850-244-1310

**OKEECHOBEE COUNTY**

## **ORANGE COUNTY**

### **Parent Connection**

Support group for parents of children w/  
all disabilities. Meets 2nd Thursday of  
month, 7-8:30pm. Meets at:  
Orange County Public Library  
1211 E Semoran Blvd  
Apopka, FL  
Contact: Jennifer Moss  
Phone: 407-293-0679

### **Parkinson's Disease Support Group**

Lectures: Every 2nd Thursday, 10am  
Music Therapy: Every 4th Thursday,  
10am  
Strength Exercise Classes: Every 2nd &  
4th Thursday, 10am  
Meets at:  
Florida Hospital Orlando  
Florida Hospital Seventh-Day Adventist  
Church  
2800 N Orange Ave, Room 205  
Orlando, FL 32804

### **Asperger Family Support Group**

Support activities vary. Call for the most  
current information.  
Contact: Irene Mazloom  
Phone: 407-823-2176

### **Southeast Parkinson's Disease Association**

Support activities vary. Call for the most  
current information.  
Phone: 407-489-4124  
Web: [www.sepda.org](http://www.sepda.org)

### **Central Florida IEP Support Group**

Meets last Friday of month, 6-8pm.  
Meeting locations vary. Call for the  
most current information.  
Phone: 407-342-9836  
Web: [www.theIEPadvocate.com](http://www.theIEPadvocate.com)  
Email: [theIEPadvocate@yahoo.com](mailto:theIEPadvocate@yahoo.com)

### **Autism & Related Disabilities Gym Program & Support Group**

FREE structured gym program during  
support group. Call for dates/times.  
Contact: Jo-Anne Houwers  
Phone: 407-234-7456  
Web: [www.autismgym.org](http://www.autismgym.org)

### **Arnold Palmer Hospital Autism**

**Support Group**

Phone: 407-649-9111

**Parents & Friends of Retarded  
Central Florida, Inc.**

Group for family members of adults w/  
developmental disabilities. Has been  
around for 30 years. Activities include  
fundraisers for social events for adults  
w/ developmental disabilities in the  
Orlando area, education/info sharing.

Meets 3rd Monday of month,

7:15-8:30pm. Meets at:

First Presbyterian Church

341 N Orlando Ave

Orlando, FL

Contact: Bob Patterson

Phone: 407-896-2008

**Grupo de Apoyo Para Familias  
Hispanas**

Support group for Spanish speaking  
families.

Contact: Aimara Rodriguez

Phone: 407-727-2566 x51

**Mom's Group of Friends**

Small group of moms of children w/  
special needs. Meets one Friday a month  
for coffee, fellowship & support. Fun  
activities & spiritual growth are offered.  
Call for the most current meeting date/  
location.

Contact: Donna Barley

Phone: 407-876-6728

**Mended Hearts Cardiac Support  
Group**

Phone: 407-303-1526

**Florida Hospital Evening Diabetes  
Support Group**

Phone: 407-303-7276

**Orlando Brain Aneurysm Support  
Group**

Meets 1st Wednesday month, every  
other month , 4:30-6:30pm. Meets at:  
Florida Hospital Orlando

Barkers Conference Rooms

Contact: Laurie Schott, CHES

Phone: 407-303-9625

**Emotional Freedom Techniques  
Autism Support Group**  
Phone: 407-232-4439

**Adults w/ Aspergers Syndrome  
Support Group**  
Contact: Karen Wesley  
Phone: 407-737-2566 x23

**Orlando Aspergers Syndrome Social  
Meetup Group**  
Group on Meetup.com that holds various  
social activities for adults w/ Aspergers  
Syndrome. Visit page on Meetup.com  
for the most current information.  
Web: [www.meetup.com/aspergers-224/](http://www.meetup.com/aspergers-224/)

**AWAKE Orlando Sleep Apnea  
Support Group**  
Contact: Amy Korn-Reavis  
Phone: 407-517-8129

**Give Back Road Maps to Recovery  
Brain Injury Support Group**  
Meets 1st & 2nd Tuesday of month, 6:30  
-8:30pm. Meets at:  
St Luke's United Methodist Church  
2nd Floor Classroom  
4851 Apopka Vineland Rd  
Orlando, FL 32819  
Email: [admin@givebackorlando.com](mailto:admin@givebackorlando.com)  
Web: [www.givebackorlando.com](http://www.givebackorlando.com)

**Autism Society of Greater Orlando**  
Phone: 407-855-0235

**Loch Haven Park Neighborhood  
Center**  
Social activities for children & adults on  
the Autism Spectrum. Activities include:  
aerobics ages 12 & up, Camp Loads of  
Fun ages 12& up, June-Aug cooking  
class ages 12 & up, Friday Night  
Adventures ages 12 & up, NEONS  
social club dance ages 16 & up, Parents  
day (or night) out all ages, Pool parties  
ages 16 & up-summer only, Safari Club  
ages 16 & up, School Vacation Daze day  
camps ages 7-21, Special Men &  
Women's Clubs ages 18 & up and more.  
Location:  
610 Lake Formosa Dr  
Orland, FL  
Phone: 407-898-9288  
Web: [www.ci.orlando.fl.us](http://www.ci.orlando.fl.us)

**Hydrocephalus Family Support  
Group of Central Florida**

Contact: Kay Taylor, R.N.  
Phone: 407-649-7686

**Traumatic Brain Injury Support  
Group**

Contact: Pat Gay  
Phone: 407-277-3664

**Sunday Afternoon MS Support Group**

Meets 1st Sunday of month, 2pm,  
September through June. Meets at:  
Winter Park Hospital Medical Library  
200 N Lakemont Ave  
Winter Park, FL  
Contact: Janice  
Phone: 321-214-3376

**Orlando Brain Injury Support Group**

Meets 3rd Wednesday of month, 7-9pm.  
Meets at:  
Beardall Senior Center  
800 S Delaney Ave  
Orlando, FL 32801  
Contact: Marie-Terese  
Phone: 407-228-2818  
Email:  
[mt@orlandobraininjurysupport.org](mailto:mt@orlandobraininjurysupport.org)

**Alzheimer's Support Group**

Meets 2nd Tuesday of month, 6:45pm.  
Meets at:  
Village Oaks at Conway  
5501 E Michigan St  
Orlando, FL 32812  
Contact: Evelyn King or Carrie Vick  
Phone: 407-277-7225

**Alzheimer's Support Group**

Meets 3rd Wednesday of month, 6pm.  
Meets at:  
Westchester of Winter Park  
558 N Semoran Blvd  
Winter Park, FL 32792  
Contact: Ron St. John  
Phone: 407-679-5555

**Alzheimer's Support Group**

Meets 1st & 3rd Monday of month,  
9:30am. Meets at:  
Reeves United Methodist Church  
1100 N Ferncreeck Ave  
Orlando, FL 32803  
Contact Peggy Bargmann or  
Mary Scott  
Phone: 407-774-6274

**Alzheimer's Support Group**

Meets 2nd Thursday of month, 4:30pm.  
Meets at:  
Health Central Park  
411 N Dillard St  
Winter Garden, FL 34787  
Contact: Phyllis Tyson  
Phone: 407-296-1635

**Down Syndrome Association of  
Central Florida**

204 N Wymore Rd  
Winter Park, FL 32789  
Phone: 407-478-5621 or 407-540-1124  
Email: [info@dsacf.org](mailto:info@dsacf.org)  
Web: [www.dsacf.org](http://www.dsacf.org)

**Down Syndrome Association of  
Florida**

PO Box 533462  
Orlando, FL 32853  
Phone: 407-484-4273  
Email: [info@dsfflorida.org](mailto:info@dsfflorida.org)  
Web: [www.dsfflorida.org](http://www.dsfflorida.org)



**OSCEOLA COUNTY****Reaching Autistic Children Early  
(R.A.C.E.)**

Educational support group for parents & professionals. Call for the most current meeting dates & times.

Contact: Karla

Phone: 863-859-1477 x328

**Celebration Health/Kissimmee****Diabetes Support Group**

Meets 4th Tuesday of month, 7pm.

Meets at:

Florida Hospital Celebration Health

400 Celebration Place

Celebration, FL 34747

Phone: 407-303-4280

**Osceola A.N.T.S. MS Support Group**

Meets 3rd Thursday of month, 6pm .

Meets at:

KUA

1701 Carroll St

Kissimmee, FL 34741

Contact: Jeff

Phone: 407-891-2327

Email: jeffhamilton@cfl.rr.com

**Alzheimer's Support Group**

Meets 2nd Wednesday of month,

2:30pm. Meets at:

Good Samaritan Retirement Village

Friendship Dining Room

Aldersgate Dr

Kissimmee, FL 34746

Contact: Dawn Wurst

Phone: 407-846-7201

**Alzheimer's Support Group**

Meets last Wednesday of month,

5:30pm. Meets at:

Southern Oaks

3855 Old Canoe Creek Rd

St. Cloud, FL 34769

Contact: Steve M. El Rashid

Phone: 407-957-2280

## **PALM BEACH COUNTY**

### **American Heart Heroes**

Support group for heart patients.  
Phone: 888-355-1060 x6613

### **Families Living w/ Aspergers**

West Palm Beach area. Support activities vary. Call for the most current information.

Contact: Ann Levene  
Phone: 561-840-6739

### **Families Living w/ Aspergers**

Boca Raton area. Support activities vary. Call for the most current information.

Contact: Charlie Dukes  
Phone: 561-297-2023 x2

### **Puzzle Pieces**

Support group for families of children w/ autism. Meeting dates & times vary. Call for the most current information.

Contact: Julie Maurer  
Phone: 954-913-1318

### **ARC of Palm Beach County**

Support activities vary. Call for the most current information.

Contact: Randee Gabriel  
Phone: 561-842-3213

### **Deaf Service Center of Palm Beach County**

Support activities vary. Call for the most current information.

Contact: Fred Schott  
Phone: 561-278-6444 or 561-802-3360

### **Early Steps**

Support activities vary. Call for the most current information.

Contact: Wanda Baldwin  
Phone: 561-881-2822

### **Mental Health Association of Palm Beach County**

Phone: 561-832-3755

### **Families by Design Autism Support Group**

Contact: Dr Michelle LaRocque  
Phone: 561-994-7222

**West Palm Beach Traumatic Brain  
Injury Support Group**

Contact: Monika Marino

Phone: 561-848-7200

**Scleroderma Foundation Palm Beach  
Support Group**

Meets 3rd Saturday of month,

11am-1pm. Meets at:

New Church (in the Boker Room)

10621 El Clair Ranch Rd

Boynton Beach, FL

Contact: Rachel Ebert 561-279-1021 or  
561-523-6895

or

Ann Potts 561-798-1925

**AWAKE of Northern Palm Beaches  
Sleep Apnea Support Group**

Contact: Kevin Palmer

Phone: 561-744-4478

**Speechville Express Speech/Language  
Impairment Support Group**

West Palm Beach area.

Contact: Kim Vallin

Phone: 561-969-0492

**Pinecrest Brain Injury Support  
Group**

Meets 2nd Wednesday of month,

6:30-8:30pm. Meets at:

Pinecrest Rehab Hospital

Delray Medical Center

5360 Linton Blvd

Delray, FL 33484

Contact: Mary Kaye

Phone: 561-495-3048

**Traumatic Brain Injury Support  
Group**

Contact: Jill Pando

Phone: 561-582-4876

## **PASCO COUNTY**

### **Parents of Exceptional People**

Support/social group for parents of children & adults w/ disabilities. Activities range from sharing info/ education to social outings. Meets last Monday of month, 7-8pm (NO MEETINGS IN JULY OR AUGUST)  
Meets at:  
St James the Apostle Church  
8400 Monarch Dr  
Port Richey, FL 34668  
Contact: Angelina Picinich  
Phone: 727-372-2011

### **Stroke Support Group**

Morton Plant North Bay Hospital in New Port Richey hosts a stroke support group the last Thursday of month. Guest speakers provide the latest updates about stroke treatment & wellness. Caregivers are encouraged to attend & share their unique experiences.  
Phone: 727-375-9669 or 727-843-4586

### **The Community Chatterboxes Communication Disorders Support Group**

Meets every other Thursday. Meets at:  
Community Hospital Health Care Center  
5400 School Rd  
New Port Richey, FL  
Phone: 727-845-0757

### **West Pasco MS Support Group**

Meets last Tuesday of month, 1pm.  
Meets at:  
Community Hospital, Healthcare Center  
5400 School Rd  
New Port Richey, FL 34652  
Contact: Susan 727-372-1568  
or  
Angela 727-815-7570

### **West Pasco Brain Injury Support Group**

Meets every Saturday, 12-2:30pm.  
Meets at:  
Lane Glo North Bowling  
Ridge Rd  
New Port Richey, FL 34655  
Contact: Joan Tavarese  
Phone: 727-375-5395

**East Pasco Traumatic Brain Injury  
Support Group**

Contact: Ray Dykeman

Phone: 352-588-3685

**West Pasco Traumatic Brain Injury  
Support Group**

Contact: Elaine Bolen

Phone: 352-683-2152

## **PINELLAS COUNTY**

### **CHADD Pinellas County**

Meets 1st Tuesday of month. Meets at:  
Bay Pines Medical Auditorium  
(Bldg 20)  
10000 Bay Pines Blvd (Alt US 19)  
St Petersburg, FL  
Contact: Nancy  
Phone: 727-409-4696

### **Down Syndrome Network of Pinellas**

Support activities vary. Call for the most current information.  
Phone: 727-462-2274

### **Gulf Coast Chapter, Autism Society of America**

Support activities vary. Email for the most current information.  
Email: gulfcoastautism@yahoo.com

### **Autism/Aspergers Support Group**

Group on Meetup.com. For families, educators, researchers, doctors... anyone who knows someone in the Autism Spectrum. Meeting dates vary. Visit page on Meetup.com for the most current information.  
Web: [www.meetup.com/Autism-Asperger-s-support-group/](http://www.meetup.com/Autism-Asperger-s-support-group/)

### **Koffee Klatch**

Support group for parents of children & adults w/ developmental disabilities.  
Meets quarterly, last Monday of month (Jan, April, July & Oct), 10-11:30am.  
Meets at:  
Trinity Presbyterian Church  
2001 Rainbow Dr  
Clearwater, FL 33765  
Contact: Sue Schramek  
Phone: 727-791-3972

### **Up With Downs of Pinellas**

Support network for families & friends of people w/ Down Syndrome of all ages. Meets 2nd Friday of month, 7pm.  
Meets at:  
UPARC-Long Center  
1501 N Belcher Rd  
Clearwater, FL 33765  
Contact: Shirley Lawyer or Vickie Milliron  
Phone: 727-462-2274

**People First**

Group of mentally disabled individuals  
who meet as a single board of selfadvocates.  
Meeting dates/times vary.  
Call for the most current information.  
Contact: Stan Meyers  
Phone: 727-799-3330

**Tourette's Syndrome Support Group**

Contact: Rebecca Denton  
Phone: 727-418-0240

**American Aspergers Association  
Support Group**

Phone: 727-518-7294

**Largo Brain Injury Support Group**

Meets 1st Wednesday of month,  
5-6:30pm. Meets at:  
HealthSouth Rehab Hospital Largo  
Classroom C  
901 N Clearwater-Largo Rd  
Largo, FL  
Contact: Brian Madrinan  
Phone: 727-588-1864

**Bay Pines VA Amputee Support  
Group**

Contact: Diane Sosa  
Phone: 727-398-6661  
Email: [diane.sosa@med.va.gov](mailto:diane.sosa@med.va.gov)

**Pinellas County Brain Injury Support  
Group**

Meets 2nd & 4th Thursday of month,  
6-7pm. Meets at:  
Bayfront Medical Center  
Sheen Conference Center  
701 6th St S  
St Petersburg, FL 33701  
Contact: Steven Frank PhD or  
Anita Lenas  
Phone: 727-322-6123

**Traumatic Brain Injury Support  
Group - Clearwater Area**

Contact: Rugh Oiler  
Phone: 727-771-1002

**Traumatic Brain Injury Support  
Group - Largo Area**

Contact: Pam Dimuccio  
Phone: 813-586-2999 x5807

**United Cerebral Palsy Tampa Bay**

Phone: 813-239-1179

**North Pinellas County Tuesday  
Evening MS Support Group**

Meets 3rd Tuesday of month, 7pm.

Meets at:

Northwood Presbyterian Church

2875 SR 580

Clearwater, FL

Contact: Julie

Phone: 727-738-5156

**North Pinellas County Tuesday  
Evening MS Support Group**

Meets 1st Tuesday of month, 7pm.

Meets at:

The Hospice of The Florida Suncoast

2675 Tampa Road

Palm Harbor, FL 34684

Contact: Bud 727-698-4346

bklaac@aol.com

or

Eileen 727-773-1313

easmith1@tampabay.rr.com

**Central Pinellas County Tuesday  
Evening MS Support Group**

Meets 2nd Tuesday of month, 6:30pm,

January through November. Meets at:

HealthSouth Rehabilitation Hospital of  
Largo

Classroom C

901 Clearwater/Largo Rd

Largo, FL

Contact: Beth Satkowski

Phone: 727-393-3234

**Central Pinellas County Wednesday  
Morning MS Support Group**

Meets 4th Wednesday of month,

11:30am. Meets at:

St Anthony's Health Care

1201 7th Ave N

St Petersburg, FL

Contact: Rodney

Phone: 727-545-0353

Email: rodneymc1@aol.com



**South Pinellas County Tuesday  
Morning MS Support Group**

Meets 1st Tuesday of month, 10am,  
January through November. Meets at:  
St Marks United Methodist Church  
6801 38th Ave N  
St Petersburg, FL  
Contact: Lynn  
Phone: 727-343-8034

**POLK COUNTY****Parental Encouragement for Autistic Children Everywhere (PEACE)**

Support group for parents of children w/ autism. Meets 1st Tuesday of month, 6-8pm. Meets at:

Family Fundamentals

1021 Lakeland Hills Blvd, 2nd Floor  
Lakeland, FL 33805

Contact: Nicole Torres 863-686-1221  
x228

Sabra Murphy 863-688-4836

**CHADD ADD/ADHD Support Group**

Contact: Carol Rehfelt

Phone: 813-882-5310

**Central Florida Autism Institute**

Phone: 863-680-1396

**NAMI Polk County**

Support group for children w/ ADD, Anxiety, Depression, Bipolar & similar disorders & their parents (two separate groups). Call for the most current meeting date/time.

Meets at:

PCC/USF-Polytechnic Campus  
Lakeland, FL

Phone: 863-533-4411

**COPPAC**

A group of parents who have come together to address challenges in our educational system.

Contact: Tami Hughes

Phone: 863-859-1219

Email: coppac.5@yahoo.com

**A.D.A.P.S.**

Support network for families & caregivers of children w/ disabilities, ages birth to 21 years.

Contact: Kim Ellis 863-701-1151 x152

Nicole Torres 863-686-1221 x228

**Parent Support Group for Students w/ Disabilities**

Email: cheryl.marino@polk-fl.net

**Support Group for Students w/ ADHD**

Email: hope.workman@polk-fl.net

**Down Syndrome Association of Polk County**

Contact: Karyn

Phone: 863-701-5136

Web: [www.dsapolk.org](http://www.dsapolk.org)

**East Polk County Thursday Morning MS Support Group**

Meets 3rd Thursday of month, 10:30am.

Meets at:

Abiding Lutheran Church

1910 Havendale Blvd NW

Winter Haven, FL

Contact: Elwood

Phone: 863-696-3304

Email: [Elwoodw82@gmail.com](mailto:Elwoodw82@gmail.com)

**Winter Haven Brain Injury Support Group**

Meets 4th Tuesday of month, 7-8:30pm.

Meets at:

Winter Haven Outpatient Hospital

3425 Lake Alfred Rd

Winter Haven, FL 33881

Contact: Linda Rumrell

Phone: 863-292-4061

**Traumatic Brain Injury Support Group - Winter Haven Area**

Contact: Jane Saks

Phone: 941-678-1046

## **PUTNAM COUNTY**

### **Autism Spectrum Disorder Focus Group**

Support group for parents of children w/ autism. Childcare provided. Call for the most current meeting date/time. Meets at:

Adult Education, Safety & Security Complex

113 Putnam County Blvd

East Palatka, FL

Contact: Cheryl Brenner

Phone: 386-467-3820

### **Alzheimer's Support Group**

Meets 2nd Wednesday of month, 2:00pm. Meets at:

Putnam Community Medical Center

Highway 20 West

Palatka, FL 32177

Phone: 386-328-5711 x166

**SANTA ROSA COUNTY  
Down Syndrome Support Group**

Meets 1st Thursday of month at:  
St. Mary's Episcopal Church  
303 Oak St  
Milton, FL  
Contact: Angie  
Phone: 850-686-2490

**Emerald Coast Autism Society**  
Phone: 850-939-8741

**Caregiver Support Group**

Open to caregivers 60 years or older, or  
a caregiver caring for a person 60 years  
and older, or grandparents 60 years and  
older caring for grandchildren. Meets  
2nd Wednesday of month, 2:30-3:30pm.  
Contact: Gwen Rhodes or John  
Bonarirgo  
Phone: 850-494-7100 x220

**Down Syndrome Association of  
Northwest Florida**

PO Box 573  
Bagdad, FL 32530  
Phone: 850-686-2490  
Email: momssunshine03@bellsouth.net

**Reaching Downs of Northwest Florida**

PO Box 4608  
Milton, FL 32572  
Phone: 850-390-5786  
Email: reachingdowns@yahoo.com

## **SARASOTA COUNTY**

### **Amputee Support Group**

Contact: Joe Ivko

Phone: 941-351-6907

### **Amputee Support Group Sarasota**

Contact: Sandie Doron

Phone: 341-921-8692

### **Center for Autism Resources & Education (CARE)**

Phone: 941-758-4529

### **BIG Brain Injury Support Group**

Meets 2nd Monday of month, 1-3pm.

Meets at:

SunCoast Center for Independent Living

2989 Fruitville Rd, Suite 101

Sarasota, FL 34237

Contact: Mary Morris

Phone: 941-351-9545 x105

### **Sarasota Memorial Stroke Center Support Group**

Meets 2nd Wednesday of month,

10-11:30am. Meets at:

Sarasota Memorial Hospital

Sarasota, FL

(in the 4A-B meeting room-take the "B"

elevator to the 4th floor, then follow the

signs to Windows Cafeteria. The

meeting room is just past the cafeteria

on the right)

Phone: 941-917-7048

### **Traumatic Brain Injury Support Group**

Contact: Joy Mullen-Foss

Phone: 941-371-1563

### **Sarasota County Thursday MS Support Group**

Meets 1st Thursday of month, 12pm.

Meets at:

HealthSouth Rehab

6400 Edgelake Dr

Sarasota, FL 34239

Contact: Lee

Phone: 941-924-6975

Email: alovier@comcast.net

### **Sarasota Traumatic Brain Injury Support Group**

Contact: Gregoria Halley

Phone: 941-351-9545

**Friends of Hope MS Support Group**

Meets 3rd Thursday of month, 6pm.

Meets at:

Sarasota Memorial Hospital

5880 Rand Blvd

Sarasota, FL 34238

Contact: Deanna

Phone: 941-705-1969

Email: daf818@gmail.com

**Sarasota County Tuesday Evening**

**MS Support Group**

Meets 1st Tuesday of month, 7pm,

September through June. Meets at:

Venice Health Park

1283 Jacaranda Blvd

Venice, FL 34285

Contact: Beth Ann

Phone: 941-423-7073

Email: rbyoung669@cs.com

## **SEMINOLE COUNTY**

### **Parent Connection**

Support group for parents of children w/ all disabilities. Meets 3rd Thursday of month, 7-8:30pm. Meets at:

Oviedo Library

Contact: Jennifer Moss

Phone: 407-293-0679

### **Parkinson's Disease Support Group**

Lectures: Every 3rd Tuesday, 10am

Music Therapy: Every 4th Tuesday, 10am

Tai Chi Classes: Every 3rd & 4th

Tuesday, 11:30am

CREATION Health Club: Every 2nd Tuesday, 10am

Meets at:

Florida Hospital Altamonte

(Family Resource Bldg)

651 Altamonte Dr

Altamonte Springs, FL 32701

### **Central Florida IEP Support Group**

Meets last Friday of month, 6-8pm.

Meeting locations vary. Call for the most current information.

Phone: 407-342-9836

Web: [www.theIEPadvocate.com](http://www.theIEPadvocate.com)

Email: [theIEPadvocate@yahoo.com](mailto:theIEPadvocate@yahoo.com)

### **Gluten Free/Casein Free Diet Support Group**

Contact: Karen Howington

407-359-0356

or Laura Costanzo 407-249-5575

### **Child Life Therapy Autism Support Group**

Phone: 407-977-4448

### **Altamonte Springs Recreation Center Westmonte & Eastmonte Parks- Advisory Board for the Disabled**

Social activities for children & adults on the Autism Spectrum. Activities include: dances, dinners, bowling, camps, Special Olympics, crafts, swimming, Saturday time out for parents.

Location:

225 Newburyport Ave

Altamonte Springs, FL 32701

Contact: Vinnie Coon, Special  
Community Services Supervisor

Phone: 407-869-2515



**Sunday Afternoon MS Support Group**

Meets 1st Sunday of month, 2pm,  
September through June. Meets at:  
Winter Park Hospital Medical Library  
200 N Lakemont Ave  
Winter Park, FL

Contact: Janice  
Phone: 321-214-3376

**"MS NOLES" MS Support Group**

Meets 2nd Thursday of month, 7pm.  
Meets at:

Central Florida Regional Hospital  
1401 W Seminole Blvd  
Sanford, FL 32771

Contact: Michele  
Phone: 386-668-6266  
Email: mcameron6735@bellsouth.net

**Alzheimer's Support Group**

Meets 2nd Monday of month, 7:30pm.  
Meets at:

St Mary Magdalene Church  
861 Maitland Ave  
Altamonte Springs, FL 32701

Contact: Annette Kelly  
Phone: 407-331-0911

**Alzheimer's Support Group**

Meets 3rd Tuesday of month, 6:00pm.  
Meets at:

Stanford Centre  
433 Orange Dr  
Altamonte Springs, FL 32701

Contact: Brenda Stauffer  
Phone: 407-260-2433

**Alzheimer's Support Group**

Meets 3rd Wednesday of month, 6pm.  
Meets at:

Savannah Court  
395 Alafaya Woods Blvd  
Oviedo, FL 32765

Contact: Elisa Hunt or Ashley Magill  
Phone: 407-977-8786

## **ST JOHNS COUNTY**

### **Moms of Hope**

Christian support group for moms of children w/ autism. Meets 1st & 3rd Monday of month, 7-8:30pm. Meets at:  
Christ Episcopal Church  
400 San Juan Dr  
Ponte Verda Beach, FL 32082  
Contact: Janeen Herskovitz  
Phone: 904-501-3089

### **Family Care Council Area 4**

Online/email support group for families of children w/ disabilities.  
Web: <http://groups.yahoo.com/group/FCCFA4>

### **Gluten/Casein Free Diet Support Group**

Meets 2nd Tuesday of month, 7:30pm.  
Meets at:  
Christ Episcopal Church  
400 San Juan Dr  
Ponte Verda Beach, FL  
Web: <http://health.groups.yahoo.com/group/gfcf/>

## **ST LUCIE COUNTY**

### **Hearing Loss Association Deaf/Hard of Hearing Support Group**

Meets 4th Friday of month, 9:30-11am.

Meets at:

Deaf & Hard of Hearing Services of the  
Treasure Coast

10016 S Federal Hwy

Port St Lucie, FL

Phone: 772-335-5546

### **Disabled American Veterans Support Group-Chapter 113**

Meets 3rd Wednesday of month, 7pm.

Meets at:

1150 NW California Blvd

Port St Lucie, FL

Phone: 772-871-6667 or 772-871-2401

### **Physically Challenged & Disabled Citizens of Port St Lucie & Martin County**

Meets 2nd Wednesday of month,  
6:45pm. Meets at:

Port St Lucie Community Center

2195 SE Airoso Blvd

Port St Lucie, FL

Phone: 772-398-0327

### **Stroke Support Group**

Meets 2nd Wednesday of month, 7pm.

Meets at:

St Lucie Medical Center

1800 SE Tiffany Ave

Port St Lucie, FL

Phone: 772-398-3818

### **American Council for Headache Education Headache/Migraine Support Group**

Meets 2nd Tuesday of month, 7-8:30pm.

Meets at:

Neurology Associates

901 SE Monterey Commons Blvd

Suite 200

Stuart, FL

Phone: 772-287-6042

### **Traumatic Brain Injury Support Group**

Contact: Brad Bernauer

Phone: 561-337-0077

**Port St Lucie Traumatic Brain Injury  
Support Group**

Contact: Cynthia Francoeur

Phone: 772-337-0077 or 772-342-1167

## **SUMTER COUNTY**

### **Caleb's Club: An Aspergers Friendship Social Skills Club**

Social skills networking for young  
children w/ Aspergers Syndrome or high  
-functioning autism, ages 10-16.

Contact: Jennifer 352-489-3906 or  
352-572-3282  
orTim: 352-572-3282

### **Wildwood Brain Injury Support Group**

Meets 1st Tuesday of month, 6-8pm.

Meets at:

St Vincent de Paul Catholic Church  
Wildwood, FL

Contact: Linda Bull 352-446-5647  
orTom Bull 352-399-2166

### **Sumter County Brain Injury Support Group**

Meets 3rd Thursday of month, 2-4pm.

Meets at:

Lake Sumter Community College  
1405 CR 526A

Sumterville, FL 33585

Contact: Margie Sovercool  
Phone: 352-793-7841

## **SUWANNEE COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:  
Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489

## **TAYLOR COUNTY**

## **UNION COUNTY**

### **Developmental Disabilities Support Group**

Support group for children & adults w/  
developmental disabilities. Meets 4th  
Saturday of month, 10am. Meets at:  
Christ Central Church  
Dyal Ave  
Lake City, FL  
Contact: Nancy Harr  
Phone: 386-269-1489



## **VOLUSIA COUNTY**

### **BFOCASD**

Support group for families, educators & therapists of children & adults w/ autism.

East Volusia/Ormond/Daytona Beach group meets 1st Tuesday of month, 6:30-8:30pm.

West Volusia group meets 1st Wednesday of month, 7-9pm.

Contact for both groups: Lora Brewer

Phone: 386-727-1028

### **The Spectrum of Volusia County**

Online/email support group for parents of children w/ autism & related disabilities.

<http://groups.yahoo.com/group/thespectrumofvolusiacounty/>

### **Amputee Support Group**

Contact: Katherine Erfurt

Phone: 386-253-6013

### **Volusia County Chapter, Autism Society Asperger Support Group**

Support activities vary. Call for the most current information.

Contact: Tina Batten

Phone: 904-789-0720

### **Special Therapeutic And Recreational Services (S.T.A.R.S.)**

Support group for families & individuals w/ ADD/ADHD, Autism/Aspergers, Bi-Polar/Depression, Down Syndrome, grandparents raising grandchildren. Call for the most current meeting dates & times.

Contact: Nancy Kisseloff

Phone: 386-734-6691 x162

### **AWAKE Sleep Apnea Support Group**

Contact: Susan McClanahan

Phone: 386-258-7100

### **Speechville Speech/Language Impairment Support**

Deltona area.

Contact: Eileen Zimmerman

Email: [almazimmerman@earthlink.net](mailto:almazimmerman@earthlink.net)

**Autism & Related Disabilities Support Group**

Contact: Melanie Shiffman

Phone: 386-295-6795

Email: mshiffman@phpf-fountain.org

**Mental Health Association of East Central Florida**

Phone: 386-252-5785

**"Wave Riders" MS Support Group**

Meets 3rd Tuesday of month, 11:30am,

September through May. Meets at:

Halifax Neuroscience Center

201 N Clyde Morris Blvd, 3rd Floor

Daytona Beach, FL

Contact: Gabrielle 386-756-6961

gwalsh1240@bellsouth.net

or Cheryl 386-428-0042

clambert2@bellsouth.net

**"MSKeteers" MS Support Group**

Meets 3rd Saturday of month, 1pm.

Meets at:

Our Lady of the Lakes Catholic Church

Religion Education Center

1310 Maximillian St

Deltona, FL

Contact: Nayda

Phone: 386-789-0332 or 386-848-9001

Email: Msketeers2004@embarqmail.com

**Deland Brain Injury Support Group**

Meets 2nd Thursday of month,

6:30-8:30pm. Meets at:

Deland Hospital, Classroom 1A

701 W Plymouth Ave

Deland, FL 32720

Contact: Tom Dockery 386-532-9670

Or Annie Thomas 386-943-4522

**Daytona Beach Brain Injury Support Group**

Meets 4th Thursday of month, 3-5pm.

Meets at:

Daytona Beach Hospital Campus

3rd Floor, Bldg 201

303 N Clyde Morris Blvd

Daytona Beach, FL 32114

Contact: Dawn Leuck 386-677-7559

Or Jackie Walsh 386-214-7477

**Daytona Beach Traumatic Brain Injury Support Group**

Contact: JoAnn Clements

Phone: 904-238-8638

## **WAKULLA COUNTY**

## **WALTON COUNTY**

## **WASHINGTON COUNTY**

## **STATEWIDE & REGIONAL**

### **VCFS Florida**

Online/Email support group for parents of children who have VCFS/22q11  
Web: <http://health.groups.yahoo.com/group/vcfsflorida/>

### **Florida Apraxia**

Online/Email support group for parents of children w/ Apraxia.  
Web: [http://groups.yahoo.com/group/Florida\\_Apraxia/](http://groups.yahoo.com/group/Florida_Apraxia/)

### **Denise's List**

Online/Email Autism support group.  
Web: <http://health.groups.yahoo.com/group/deniseslist/>

### **Left Behind in Florida**

Support network for families of children w/ developmental disabilities.  
Contact: Mike Coonan  
Phone: 850-478-2558  
Email: [mikecoonan@cox.net](mailto:mikecoonan@cox.net)  
Web: <http://leftbehindinfla.net>

### **Parents Helping Parents of Florida**

Online/Email support. Provides consulting & support services for families w/ children w/ disabilities throughout the state of Florida.  
Web: <http://health.groups.yahoo.com/group/ParentsHelpingParentsofFlorida/>

### **Florida Stuttering Group**

Online/Email support group for individuals who have problems w/ stuttering.  
Web: <http://groups.yahoo.com/group/floridastutteringgroup/>

### **Central Florida Deaf**

Email support group for deaf/hard of hearing individuals in the central Florida area.  
Web: <http://groups.yahoo.com/group/centralfloridadeaf/>

### **South Florida Deaf Exchange**

Email support/social group for individuals in south Florida who are deaf/hard of hearing.  
Web: <http://groups.yahoo.com/group/southfloridadeafexchange/>

**Autism Society of Florida**

Phone: 954-349-2820

**Dads of Florida**

Support network for fathers of children w/ disabilities.

Phone: 954-376-7699

Email: [inquiry@dadsofflorida.org](mailto:inquiry@dadsofflorida.org)

**NATIONAL/INTERNATIONAL****Disabilities-R-Us**

Online discussion board & chat room.

Web: [www.disabilities-r-us.com](http://www.disabilities-r-us.com)

**ADD/ADHD Parents**

Online/Email support group for parents of children w/ ADD & ADHD.

Web: <http://health.groups.yahoo.com/group/ADD-ADHD-Parents/>

**Aspergers List Support Group**

Email listserv support group for parents of children w/ Aspergers Syndrome.

Web: <http://aspergers.icors.org>

**Autism Email Support Group**

Web: <http://lists.apana.org/cgi-bin/mailman/listinfo/autism>

**Parents of Severely Disabled Kids**

Email support group for parents & family members ONLY of children & adult children who are severely/profoundly disabled (nonambulatorynonmobile) only.

Web: <http://groups.yahoo.com/group/ParentsofSeverelyDisabledKids/>

**Our Special Needs Children**

Email support group for parents of special needs children who have any of the following: Hypotonia, Speech/Language disorders, Apraxia, Dyspraxia, developmental delays, Sensory Integration Dysfunction, APD, autistic tendencies, PDD-NOS. Parents can share info or just ask for advice & support.

Web: <http://groups.yahoo.com/group/OurSpecialNeedsChildren/>

**Ups N Downs (Families Involved w/ Down Syndrome)**

An international support group for families members of individuals w/ Down Syndrome. Group has been in existence since 1995. The focus is on the family and not just the individual w/ Down Syndrome.

Web: <http://health.groups.yahoo.com/group/UpsNDowns/>

**Parents of Children w/ Epilepsy**

Email support group.

Web: <http://groups.yahoo.com/group/Parents-of-Kids-with-Epilepsy/>

**Childhood Epilepsy**

Active email list to support parents & other caregivers of children diagnosed w/ a form of Epilepsy.

Web: <http://health.groups.yahoo.com/group/childhoodepilepsy/>

**Cleft Chat**

Online/Email support group for parents of children born w/ cleft lip and/or cleft palate.

Web: <http://health.groups.yahoo.com/group/cleftchat/>

**CHD Families (Congenital Heart Defects)**

Online/Email support group for resources & support for parents, grandparents & siblings of children born w/ congenital heart defects.

Web: <http://health.groups.yahoo.com/group/CHDFamilies/>

**C-Palsy**

Email listserv for parents of children w/ Cerebral Palsy.

Web: <http://listserv.ocors.org/archives/cpalsy.html>

**SB Moms N Dads**

Support list for families & caregivers of children & adults w/ Spina Bifida.

Web: <http://groups.yahoo.com/group/SBMoms-N-Dads/>



**IEP Guide**

High volume email group w/ reprinted articles, links & support for IEP, Special Education, 504, etc. Be aware that you will receive an avalanche of archived files on the IEP process upon joining.

Web: [http://groups.yahoo.com/group/IEP\\_guide/](http://groups.yahoo.com/group/IEP_guide/)

**Homeschooled Kids w/ Disabilities (HKWD)**

Email list for issues related to teaching a child w/ any special education needs at home.

Web: <http://groups.yahoo.com/group/hkwd/>

**Homeschooling Extraordinary Kids**

Online/Email group for parents of children who are gifted in or more areas but also have a learning difficulty, autism, etc.

Web: <http://groups.yahoo.com/group/HomeschoolingExtraordinaryKids/>

**KidPower**

Support & information email list for families of children mildly affected by Cerebral Palsy and/or other disabilities.

Web: <http://groups.yahoo.com/group/KidPower/>

**People With Disabilities (PWD)**

PWD is a world-wide meeting place for people w/ disabilities or chronic illnesses & their friends. Make online friends, join in chats or just post a topic you'd like to discuss in a comfortable, safe environment.

Web: <http://groups.yahoo.com/group/PeopleWithDisabilities/>

**BVI-Parents**

Online/Email list for parents of children who are blind or visually impaired.

Web: <http://groups.yahoo.com/group/BVI-Parents/>

**Bifida-L**

Email support group for individuals w/ Spina Bifida as well as parents, siblings & others.

Web: <http://health.groups.yahoo.com/group/BIFIDA-L/>