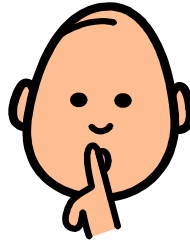




Quiet



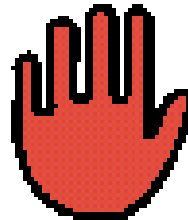
I need to stay at my desk and work quietly.
If I talk out loud it disturbs others.

Raise Hand

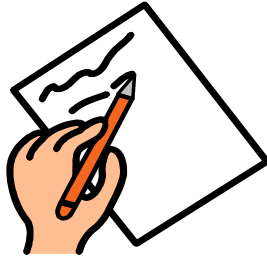


and

Wait

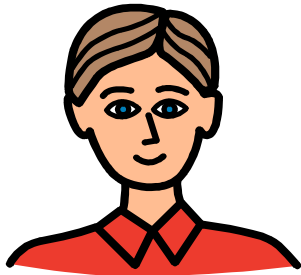


If I have a question or need help, I need to
raise my hand and wait. My teacher will help
me when she can. My teachers are there to
help me learn.



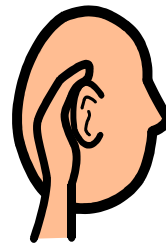
It's my job to keep working quietly until the teacher says it's time to stop. If I don't finish it all it's O.K. I should get time to finish it later.

Look

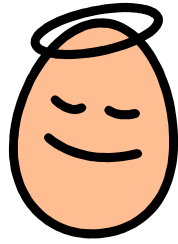


and

Listen



When a teacher is telling me something, it's my job to listen. When I listen my mouth is closed and I should be looking at the teacher.



When I listen and follow directions, I am being a good student. The teacher will be happy with me. My Mom and Dad will be happy too. Being a good student is my job at school.



Sometimes I have a tough day. I might not be listening to the teachers, I might get frustrated if the work is hard for me. I should take some deep breaths and try to stay more focused.