Family Network on Disabilities Youth Advocate Workshop Menu

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Welcome to the World of ESE

In this workshop we'll break down the basics of Exceptional Student Education, terms acronyms and everything in between from elementary school to a successful transition out of high school.

IEP 'Individual Education Plan' Academy

This interactive two day or two part academy will look at accommodations inside the IEP, in this academy we will talk about what an IEP is, what you are entitled to with an IEP and how to collaborate with the school to get the most out of your IEP!

TIEP 'Transition Individual Education Plan' Academy

A transition IEP for T IEP is something that you and your IEP team will work on when you're in high school or starting at the age of 14. 15 IEP was set up to help you transition from high school to community or high school to post-secondary education successfully

<u>Transition from Elementary to Middle School</u>

Transition happens every day from place to place, transitioning emotions, we all have to transition jobs, schools, and classrooms at different times in our life let's look at transition from elementary to middle school.

Transition Life After High School

Transition Life After High School is set up to look at all the things we need to be able to make a successful transition from high school to post-secondary education or to community/job force.

Planning for Transition with Sticky Notes

This interactive activity helps families look out what their child needs and helps the team organize themselves to understand what in the upcoming months and years during the TIEP proses will be needed and how to effectively achieve those needs and goals.

Mad Job Skills Series:

Mad Job Skills Series: Roadblocks in the Workplace

Mad Job Skills Series: Tips for Acquiring Competitive Employment Mad Job Skills Series: Soft Skills Crucial for Career Success

The Mad Job Skills series was set up to be able to help youth with life skills. These soft and hard skill sets are devised over time to be able to get the skills and understanding to be successful with independent living and job placement.

ADD-ADHD Support

Having ADD- ADHD Affects children, youth, and adults alike let's listen to our own youth advocate talk about his story and how he grew up with ADHD; accomplish his goals despite having ADHD and learning disabilities.

Assistive Technology

In this workshop we will look at assistive technology from low-tech to high tech. Will be discussing different agencies and organizations that can help get you in touch with this is technology devices.

Bullying Prevention

Bullying is real, it happens to all of us, it happens in every school. In this discussion we will look at constructive ways to deal with bullies that you might encounter on a daily basis.

A Career in Arts for Persons with Disabilities

Do you have an eye for photography, can you draw with some of the best, is singing, or playing instrument more your thing? Let's look at arts for persons with disabilities and how to succeed in it!

What is a CIL 'Center for Independent Living?'

Looking at transition from high school to the community knowing all of your options is best to help make a wellinformed decision. In this workshop we will look at what a Center for Independent living is.

Cyber Safety

Much socialization takes place online in today's world, having an intellectual disability puts some at risk for being a victim to predators. Let's look at a few simple things you can do to help keep your child safe online and for the youth let's look at some a few things you can do to keep yourself safe!

Social Networking DO'S and DON'TS

Once you put something on the Internet you can't get it back, always knowing the right thing to say, post, tweet, stream, can be difficult for any of us. Let's talk about some of the social networking DO'S and DON'TS for youth to consider.

Conflict Resolution

Conflict is a daily part of life knowing how to deal with conflict with teachers, other students, family, friends, or in the workplace it's a life skill we all have to develop. Let's practice conflict resolution together.

Dating 101

Dating can be fun, exciting, and awkward, Make you nervous on the inside and out! Let's talk about healthy and safe dating practices along with expectations and healthy boundaries for both parties.

Helping with Homework

Helping your child with homework is a normal practice in any household that has kids, having a child with special needs might take a little bit more patient, discipline, and creative strategies to understand the material. Let's talk about creative ways to help with homework!

Personal Hygiene: Hygiene and YOU how to Shower

Hygiene and YOU Dental and Skin Care

Personal Hygiene-Overview

Going through puberty and learning how to take care of your body is never a fun topic to talk about but we all have to learn life skills about personal hygiene. In these presentations we will look at several different topics on personal hygiene and appearance.

Choosing a Doctor as a Young Adult and Making the Your own Appointments

Some of the crucial skills of independent living become a little bit more complicated when your person with special needs. Let's look at some of the things on the checklist when we're deciding a new doctor, dentist, or any other health professional.

Understanding IDEIA

IDEIA are the laws that affect persons with Disabilities inside the school system. This is a brief overview of what these laws look like and why it's important to understand them.

Juvenile Justice Support

One of our most underserved populations of youth with disabilities are those inside of the Juvenile Justice system (JJS). This is a series of workshops given inside of the

JJ centers to help youth with disabilities develop a system of self-accommodations leading to self-confidence along the way, hoping for lower recidivism and a successful transition back to community.

Making Your Case

Making your case is a workshop developed around self-empowerment, understanding you can make a difference! Making your case is developed for parents and youth, this is focused on how you can make a difference in the legislature, and decision-making that effects you. Let's learn how to craft your story telling it to others leaving an impact.

Post-Secondary Education: Taking the Next Step

Getting to college can be reality for anyone. This discussion will be centered on post-secondary education, with many new diploma options in Florida the doors are opening to many more youth into technical schools, community colleges, Universities, and Transitional programs all to consider carefully.

What are Related Services you can Access?

Alphabets soup, that's what it looks like when you're trying to sift through many acronyms and organizations when searching for assistance for yourself or your youth with disabilities. Let us help you understand some of those terms and who is working in your local community and how they can help.